

# ADDICTION SERVICES: THE INSTITUTE OF LIVING YOUNG PERSON'S TRACK

"Nothing changes if nothing changes"

At the IOL we are dedicated to assisting patients with their substance use recovery and below you will find what to expect from treatment here in our Young Person's program which services patients 18-25.

As a patient in our Young Person's program you will receive:

- Group psychotherapy, MAT (medicated assisted treatment including Sublocade!!!) and psychotropic medication management using a harm-reduction model
- PEER counselor to assist you in your recovery journey
- Case worker to assist with needs such as food stamps or VEYO transportation
- Learn healthy coping skills, relapse prevention triggers and plans to cope with those triggers and medication management as tools to aid in your recovery process
- Random weekly drugs screens and if deemed appropriate breathalyzers to ensure safety and well-being
- Open and honest environment with dedicated staff that will treat you with respect and dignity as you progress through your journey of recovery
- Mondays, Tuesdays and Thursdays from 1pm-4pm

## **\*\*IMPORTANT CONTACT INFORMATION\*\***

IOL Intake Line: 860-545-7200 option #3

Marilyn Finkelstein LCSW- Program Manager of Addiction Services

Call for information: Phone (860)545-7616