

Postdoctoral Residency Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 08/14/2025

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented:	
N/A	

Postdoctoral Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The Institute of Living/Hartford Hospital offers APA accredited postdoctoral residency positions in the following areas of emphasis: (1) Adult Inpatient Psychiatry, (2) Child/Adolescent Inpatient Psychiatry, (3) Psychosis/Persistent Mental Illness, (4) Child and Adolescent School-Based Assessment and Treatment, (5) Health Psychology/Behavioral Medicine, (6) LGBTQ+ Gender Affirmative Care, (7) Lifespan Psychological Assessment, (8) Psychodynamic and Mentalization-Informed Psychotherapy, and (9) Metacognitive Reflection and Insight Therapy (MERIT). The Adult and Child Inpatient Psychiatry fellowships involving advanced training in brief acute individual, group, and family therapies as well as consultative services. The Psychosis/Persistent Mental Illness fellowship involves training and experience in cognitive rehabilitation, intensive outpatient, and inpatient treatment for individuals with schizophrenia and other forms of severe and persistent mental illness. The School-Based Assessment and Treatment fellowship includes training and experience in assessment and intervention of children and adolescents in a hospital-based special education program (The IOL Grace Webb School). The Health Psychology program includes training in assessment, consultation, and brief interventions for medical patients, with a variety of potential medical areas including surgical and medical weight loss, cardiology, oncology, transplant, neurology, and men's/women's health. The LGBTQ+ Gender Affirmative Care fellowship is one wherein the resident will provide LGBTQ+ gender-affirmative care to individuals seeking care through the Center for Gender Health Clinic, including individual intakes and psychotherapy, surgical evaluations, and provide education to the broader community regarding access to gender affirming care. The Lifespan Psychological Assessment fellowship centers on conducting psychological and neuropsychological assessments to individuals with serious mental illness in our outpatient, inpatient, and therapeutic school settings. The Psychodynamic and Mentalization-Informed and MERIT focused tracks, center on providing training in utilizing these approaches to treat those with SMI in our inpatient, IOP, and outpatient settings. In addition, the Institute of Living also offers non-APA accredited residency positions in Clinical Neuropsychology and Cognitive Behavior Therapy.

Applicants who express an interest in enrolling in our APA-accredited residency programs should have a strong interest in working with the full range of psychological and psychiatric functioning that includes severely and persistently mentally ill populations. The mission of the training program is to provide a diverse group of residents with learning at a more integrated and complex level of training than that achieved at the end of the internship training year. At the initiation of training, residents will have completed doctoral and internship training in programs accredited by an accrediting body recognized by the US Secretary of Education or by the Canadian Psychological Association. If the doctoral degree has not been conferred prior to start of the training year, the Resident and Training Director will decide upon a plan for degree completion expectations and will monitor progress toward the agreed upon goals.

Seven areas of competence are identified as the measurable competencies for advanced training in Health Service Psychology and are the benchmarks by which we measure each resident's progress throughout the residency year. Competencies include the three Level 1 Competencies as outlined in the APA Standards of Accreditation for Health Service Psychologists (Integration of Science and Practice, Individual and Cultural Diversity, and Ethical and Legal) as well as four additional Level 2 Competencies (Assessment, Intervention, Consultation and Interprofessional/Interdisciplinary Skills, and Professional Values, Attitudes, and Behaviors). Successful completion of the residency entails having reached an advanced level of competency in these areas, as measured by consensus using a single tool for all residents, regardless of area of emphasis. Goals are established for each resident as they move from an entry level degree of competence in the science and practice of psychology to an advanced level of competence, to prepare the resident for a fully licensed practice in psychology.

The department is led by senior Psychologists who adhere to a science-informed model that actively integrates a number of theoretical orientations and empirically supported treatments, including contemporary psychodynamic and cognitive-behavioral models. Our hospital actively participates in a number of important initiatives including a Zero-Suicide program, Trauma-Informed Care, and a robust violence reduction program. The leadership of the Institute of Living, and the broader Hartford Healthcare system, is dedicated to promoting diversity, equity, inclusion, and belonging (DEIB) and has opportunities for participation and contribution by interested trainees.

Describe any other required minimum criteria used to screen applicants:

At the initiation of training, residents will have completed doctoral and internship training in programs accredited by an accrediting body recognized by the US Secretary of Education or by the Canadian Psychological Association. If the doctoral degree has not been conferred prior to start of the training year, the Resident and Training Director will decide upon a plan for degree completion expectations and will monitor progress toward the agreed upon goals.

Applicants must demonstrate education and training in the core competencies of a Health Service Psychologist sufficient to allow them to assume clinical responsibilities within their training sites at the start of the Residency. These competencies include: Competency areas assessed are: (1) *Research*; (2) *Ethical and Legal Standards*; (3) *Individual and Cultural Diversity*; (4) *Professional Values, Attitudes, and Behaviors*; (5) *Communication and Interpersonal Skills*; (6) *Assessment*; (7) *Intervention*; (8) *Supervision*; and (9) *Consultation and Interprofessional/Interdisciplinary Skills*.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Residents	\$56,000	
Annual Stipend/Salary for Half-time Residents	N/A	
Program provides access to medical insurance for resident?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
If access to medical insurance is provided:		
Trainee contribution to cost required?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of family member(s) available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of legally married partner available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of domestic partner available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	120	
Hours of Annual Paid Sick Leave	40	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Other Benefits (please describe): variety of program and product discounts offered through Hartford Healthcare; free on-site gym		

* Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Residency Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2022-2024	
Total # of residents who were in the 3 cohorts	14	
Total # of residents who remain in training in the residency program	0	
	PD	EP
Academic teaching	PD = 0	EP = 0
Community mental health center	PD = 0	EP = 0
Consortium	PD = 0	EP = 0
University Counseling Center	PD = 0	EP = 0
Hospital/Medical Center	PD = 0	EP = 9
Veterans Affairs Health Care System	PD = 0	EP = 0
Psychiatric facility	PD = 0	EP = 1
Correctional facility	PD = 0	EP = 0
Health maintenance organization	PD = 0	EP = 0
School district/system	PD = 0	EP = 0
Independent practice setting	PD = 0	EP = 2
Other	PD = 0	EP = 2

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.