BHN @ IOL Grand Rounds (2026)

Hartford HealthCare

Psychiatric Management of Peri and Postmenopausal "Specific" Issues

presented by

Cynthia Neill Epperson, MD

Neill Epperson, MD is the Robert Freedman Endowed Professor of Psychiatry and Chair of the Department of Psychiatry at the University of Colorado Anschutz. An internationally renowned physician-scientist, Dr. Epperson is a trailblazer in the fields of reproductive psychiatry, psychopharmacology, and translational neuroscience. Her groundbreaking research, spanning several decades, has transformed our understanding of the complex interactions between childhood adversity, gonadal hormones, and brain function.

Dr. Epperson's pioneering work has revolutionized reproductive psychiatry, expanding its scope beyond perinatal mental health. She was instrumental in establishing the need for translational neuroscience research and clinical models that address the entire female reproductive lifespan, bridging a critical gap in understanding women's mental health.

As Chair of the Department of Psychiatry, Dr. Epperson has been a visionary leader, driving innovation in neuropsychopharmacology, technology, and care redesign. Dr. Epperson's exceptional leadership and contributions to academic medicine are reflected in her election to the **National Academy of Medicine** and the **Association of American Physicians**, a testament to her remarkable achievements and influence in shaping the future of mental health and neuroscience.

12/10/2026 12:00:00 PM

https://hartfordhealthcare.zoom.us/j/95465242563

Learning Objectives: As *a result of participating in this Live Activity, participants should be able to:*

1. Determine reproductive stage and how this may impact patient presentation.
2. Identify typical menopause symptoms that negatively impact well-being and contribute to depression, anxiety, sexual, and cognitive complaints.
3. Describe when and how to use hormone therapy and/or traditional psychotropics as a pharmacologic strategy.
4. Discuss the use of psychostimulants for new onset executive function complaints during peri and post menopause.

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.
Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25** *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Nurses: This activity is designated for a maximum **1.25** ANCC contact hours.
Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.
Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.
Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*™ from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.
Financial Disclosures:

- Cynthia N. Epperson, MD : Membership on Advisory Committees or Review Panels, Board Membership, etc.-Sage Therapeutics (Relationship has ended)|Consulting Fee-ADAA (Relationship has ended)|Consulting Fee-MycoMedica Life Sciences|Membership on Advisory Committees or Review Panels, Board Membership, etc.-Denovo Biopharma LLC|Other: Grant Application Review-University of Texas (Relationship has ended)|Consulting Fee-Supernus Pharmaceuticals, Inc.|Membership on Advisory Committees or Review Panels, Board Membership, etc.-Magnus Medical|Consulting Fee-Incannex Healthcare Inc|Paid consultant-Janssen (Any division)|Honoraria-Nevada Psychiatric Assoc|Other: Depression Case Reviews-Structure Therapeutics|Advisor-Boehringer Ingelheim Pharmaceuticals, Inc. (Relationship has ended)|Consulting Fee-Bayer (Any division) (Relationship has ended) 10/28/2026

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