SMART RECOVERY

Every Thursday
4:00-5:00 pm

The Institute of Living
Family Resource Center
Massachusetts Cottage
200 Retreat Ave, Hartford

SMART was created for people seeking a self-empowering way to overcome addictive problems. We offer participants an opportunity to design and implement their own recovery plan to create a more balanced, purposeful, fulfilling, and meaningful life.

SMART Recovery works to provide a path to Life Beyond Addiction

To learn more visit www.smartrecovery.org
or contact David.Krause@hhchealth.org & Raymond.Michaud@hhchealth.org

Use the QR Code for Map & Directions