

December 2009:

Ellen Blair appointed Director of Nursing for Psychiatry

Ellen Blair, APRN, NEA-BC, who has been serving as Interim Director of Nursing for Psychiatry (The Institute of Living) since September 3rd, has now been officially appointed to this position. Ellen holds a Bachelor of Science Degree in Nursing from Adelphi University and a Master of Science Degree in Nursing from Yale University School of Nursing. She is certified by the American Nursing Credentialing Center in Gerontological Nursing, Adult Psychiatric and Mental Health Nursing, and Advanced Nursing Administration. She has been with The Institute for over 16 years in various roles. Most recently, she has served as nurse manager of the inpatient geriatric psychiatric unit.

***Research Rundown* - December 2009 Issue**

[Click here](#) to read the December issue of *Research Rundown*, the Research Program's monthly newsletter.

November 2009:

IOL posters presented during Hartford Hospital's Research Week

The Institute of Living exhibited 20 posters during Hartford Hospital's Research Week 2009. These posters displayed some of the Institute's research studies presented in recent years. [Click here](#) to see a complete list of these posters.

***Research Rundown* - November 2009 Issue**

[Click here](#) to read the November issue of *Research Rundown*, the Research Program's monthly newsletter.

October 2009:

***Research Rundown* - October 2009 Issue**

[Click here](#) to read the October issue of *Research Rundown*, the Research Program's monthly newsletter.

September 2009:

The IOL's William Buss transforms an IOL tree into an Adirondack bench

Many at the IOL know of William Buss' woodworking talents, so when one of the campus' famed sugar maples had to come down due to disease, IOL colleague Heidi McCloskey called Buss to ask, "Can you make something out of it?" Buss, a Crisis Intake Worker at the IOL, was

up for the challenge. Outside of his longtime IOL career, he transforms wood into pieces of art - custom furniture, cabinets, bridges, and more. After months of planing, drying, and prepping the wood from the more than 100-year-old tree, he was ready to build. Nearly a month later, Buss had created a stunning Adirondack style two-person bench - complete with the original tree identification plaque. The bench is currently displayed in the entryway of the Assessment Center in the Donnelly Building at the IOL, awaiting its final resting place. Wherever it ends up, Buss hopes that it keeps the memory of the maple alive.

The IOL's Dr. Michael Stevens appointed Center for Scientific Review member

Michael C. Stevens, Ph.D., Director of the Clinical Neuroscience and Development Laboratory at the Olin Neuropsychiatry Research Center and Director of Child & Adolescent Research at Hartford Hospital/Institute of Living, has accepted an invitation to serve as a member of the Neural Basis of Psychopathology, Addictions and Sleep Disorders Study Section, Center for Scientific Review with the National Institutes of Health. His term is effective immediately and will continue through June 30, 2013. According to the director of the Center for Scientific Review, members are selected on the basis of their demonstrated competence and achievement in their scientific discipline as evidenced by the quality of research accomplishments, publications in scientific journals, and other significant scientific activities, achievements and honors. Service on a study section also requires mature judgment and objectivity, as well as the ability to work effectively in a group, qualities which his team believes Dr. Stevens will bring to this important task.

Research Rundown - September 2009 Issue

[Click here](#) to read the September issue of *Research Rundown*, the Research Program's monthly newsletter.

August 2009:

The Summer Issue of *Progress* (the newsletter for Hartford Hospital donors)

[Click here](#) to read about the IOL's Depression Initiative, the new Transcranial Magnetic Stimulation (TMS) therapy service, and other articles in the latest edition of *Progress*.

Research Rundown - August 2009 Issue

[Click here](#) to read the August issue of *Research Rundown*, the Research Program's monthly newsletter.

July 2009:

Hartford Hospital named a U.S. News & World Report Best Hospital

For the third consecutive year, U.S. News & World Report has named Hartford Hospital's Institute of Living among the nation's top psychiatric facilities, ranking at number 19. With

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174 hospitals listed within all 16 categories - and only two hospitals in Connecticut - Hartford Hospital is among the top four percent of hospitals in the country. For the twentieth year in a row, U.S. News & World Report has sought out the most prestigious hospitals in the U.S. through extensive research screening. This year's list features the highest rating for Hartford Hospital, as it climbed four spots from its 2008 ranking. After sifting through 4,861 medical centers, only 174 hospitals scored enough points to be named as one of the top hospitals in their respective category within the medical industry. Hartford Hospital's Institute of Living enjoys a national reputation for excellence and is the product of a long and rich history. In more than 185 years of continuous service, the Institute is recognized for its comprehensive patient care, research and education, in the fields of behavioral, psychiatric and addiction disorders. Further information, including methodology, regarding the U.S. News & World Report list of Best Hospitals is available at: <http://health.usnews.com/sections/health/best-hospitals>.

Research Rundown - July 2009 Issue

Click [here](#) to read the July issue of *Research Rundown*, the Research Program's monthly newsletter

June 2009:

Research Rundown - June 2009 Issue

Click [here](#) to read the June issue of *Research Rundown*, the Research Program's monthly newsletter.

May 2009:

APA Presentation to be included in *MD Conference Express*

Stephen B. Woolley, D.Sc. presented a talk titled, "Schizophrenia-Spectrum Disorders were Associated with Cardiovascular Disease Symptoms, Independent of Known Risk Factors for Symptoms" during a session of the Annual APA Meeting (San Francisco May 16-21) titled, "Matters of the Heart: The Compelling Link Between Ischemic Heart Disease and Psychiatric Disorders." John W. Goethe, M.D. was a co-author of the presentation. A review of this presentation will be published in *MD Conference Express*, the official highlights publication of the European Association for the Study of Diabetes, the European League Against Rheumatism, and the American Heart Association. Articles included in MD Conference Express include the advice, review, and guidance of many well-respected key opinion leaders.

IOL researchers made eight presentations at the annual meeting of the American Psychiatric Association. The meeting took place in San Francisco, CA from May 16-21, 2009. The titles and dates of these presentations are listed below.

Scientific and Clinical Report Sessions	
Who Received Guideline-Based Pharmacotherapy for Bipolar Depression?	5/18/09

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Ehret MJ, Goethe JW, Szarek BL	11:00 AM - 12:30 PM
Diagnostic Stability in Patients with Schizophrenia, Schizoaffective and Bipolar Disorder. Szarek BL, Goethe JW	5/19/09 11:00 AM - 12:30 PM
Is Schizoaffective Disorder a Distinct Diagnostic Entity? Goethe JW, Szarek BL	5/19/09 11:00 AM - 12:30 PM
Lifestyle, Socioeconomics, and Health History Versus Medications as Predictors of Metabolic Syndrome. Caley CF, Goethe JW, Woolley SB, Bardach D, Martello T, Azhar N, Ruano G, Windemuth A	5/19/09 12:00 PM - 2:00PM
Locus of Control, Life Events, Treatment History and Longitudinal Outcomes of Treatment for Depression. Woznicki B, Woolley SB, Goethe JW, Bardach S, Azhar N	5/19/09 12:00 PM - 2:00PM
Metabolic Symptoms in Adolescent Inpatients. Stevens MC, Goethe JW, Francois DE, Szarek BL	5/19/09 11:00 AM - 12:30 PM
Schizophrenia-Spectrum Disorders Were Associated with Cardiovascular Disease Symptoms, Independent of Known Risk Factors for Symptoms. Woolley SB, Goethe JW, Fredman L, Lincoln A, Heeren T	5/19/09 11:00 AM - 12:30 PM
A Multi-Site Study of the Incidence and Nature of Inpatient Suicide Attempts. Susman VL, Mucha TF, Nelson GM, et al	5/20/09 11:00 AM - 12:30 PM
Ethnic Differences in Length of Stay and Choice of Antipsychotic Medication Among Inpatients Diagnosed with Schizophrenia. Bullock K, Goethe JW, Szarek BL	5/20/09 11:00 AM - 12:30 PM
Greater Utilization of Psychiatric Services is Associated with CYP450 Drug Metabolism Deficiencies. Ruano G, Goethe JW, Windemuth A, Szarek BL	5/21/09 2:10 PM - 2:50 PM

**April 2009:
BrainDance Awards, 2009**

Winners of the BrainDance competition were announced at a celebration held April 29, 2009, in the Commons Building at The Institute. [Click here to view the winners.](#)

February 2009:

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Alan Meeds named Employee of the Year for 2009

Alan Meeds of the Grace Webb School at The Institute of Living has been selected as Hartford Hospital's 18th Employee of the Year. Mr. Meeds is celebrating his 25th year at the Grace Webb School. In recognition for being chosen as Hartford Hospital's Employee of the Year, Mr. Meeds was presented with a \$2,000 check and was given a reserved parking spot for one year. [Click here to read more in the R_xTra Bulletin.](#)

January 2009:

Megan Ehret, Pharm.D. interviewed on the Fox 61 Morning News

Meghan Ehret, Pharm.D., Assistant Professor of Pharmacy at UConn, who is based in the IOL's Burlingame Center for Psychiatric Research and Education, appeared on the Fox 61 Morning News show on Thursday, January 29, 2009. She was interviewed about the safety of herbal supplements.
