

Youth Suicidality: Trends, Impact on the Workforce, & Support Services Available in CT

presented by

Andrea Iger Duarte, MSW, MPH, LCSW

Ms. Duarte is a Licensed Clinical Social Worker and Public Health Professional who received her Master's Degrees from the University of Connecticut and has over 25 years of experience in substance abuse and suicide prevention, and mental health promotion. Ms. Duarte is a Behavioral Health Program Manager in the Prevention and Health Promotion Division of the CT Department of Mental Health and Addiction Services, Office of the Commissioner. She oversees federal and statewide initiatives and contracts, is the Suicide Prevention Project Director, and Employee Assistance Program Liaison. Ms. Duarte chairs and participates in multiple statewide committees, is a founding member of the CT Chapter of the American Foundation for Suicide Prevention, a developer of the *Gizmo's Pawesome Guide to Mental Health*© and Elementary Curriculum, co-leads CT's 988 Suicide & Crisis Lifeline services, and has served as the Co-Chair of the CT Suicide Advisory Board since January 2012.

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Jennifer Ferrand, PsyD, ABPP

Dr. Jennifer Ferrand is a board-certified clinical health psychologist with 17 years of experience in Hartford Healthcare. She completed her doctoral degree at the University of Hartford and her clinical training at Hartford Hospital and the Institute of Living. As Hartford HealthCare's Director of Well-Being, Dr. Ferrand guides the development and deployment of strategic initiatives to advance well-being for all who work in HHC, and leads the team's research and educational activities. She is a leader in the HHC Behavioral Health Network's Zero Suicide Initiative, and continues to work clinically in private practice. She is particularly interested in helping individuals struggling with professional burnout and those seeking to transform their lives through healthier behaviors and better self-care.

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<https://hartfordhealthcare.zoom.us/j/98020278140>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

1. Participants will learn about youth suicide data, and risks and protective factors.
2. Participants will learn about national and local suicide prevention resources and services available under the new national crisis line.
3. Participants will understand the impact of youth suicidality on caregivers and will learn ways to mitigate the impact of those risks and promote self-care.

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford HealthCare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Social Work: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers competing this course receive 1.25 Other continuing education credits.

Financial Disclosures:

- Nothing to disclose: Ellen Blair (Nurse Planner); Melissa Deasy (Sponsor); Michael Dewberry (Course Director); Andrea Duarte (Speaker); Jennifer Ferrand (Speaker); Bharat Narapareddy (Program Director); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Event Coordinator); Javeed Sukhera (Co-Director and Sponsor)