



IOL Grand Rounds: World Suicide Prevention Week (2023)

Tragedy Shapes Triumph presented by Tonja Myles

Tonja Myles is an ordained minister, author, radio personality, community activist, peer counselor, veteran, and subject matter expert in mental health. She promotes mental health awareness and rehabilitation through sharing her life experiences which include being in recovery from addictions for over 37 years, a suicide survivor, a victim of childhood and adult sexual abuse and a having a PTSD diagnosis. She is a passionate advocate of humane and ethical treatment of individuals with mental illness, substance abuse, sexual trauma, domestic abuse and those formally, and or currently incarcerated. Tonja served in The Louisiana Army National Guard for 9 years as a military-police officer. While in the Army National Guard she was DEI/Equal Opportunity Sergeant for three years. During that time, her work in faith-based recovery was so recognized that during his 2003 State of the Union speech President George W. Bush acknowledged her and she became the face of the faith-based approach to substance abuse treatment for his administration for 6 years.

Thursday, Sept. 7th, 2023 12:00-1:15 PM

<https://hartfordhealthcare.zoom.us/j/91749093836>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

1. Discuss lived experiences, that will inspire the audience by allowing them to see that a person can have a tragic past but it doesn't determine their outcome.
2. Understanding that although life can be cruel, the pain that those moments create are as temporary as you allow them to be.
3. Applying the right decisions through reaching out to people you love and trust, being vulnerable, getting the right treatment, and a fighting spirit will allow that tragedy to remain in the past as you press on towards success.

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement:

- **Physicians:** Hartford HealthCare designates this live activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- **Nurses:** This activity is designated for a maximum of **1.25 ANCC** contact hours.
- **Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.
- **Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

No individuals involved in the planning or teaching of this activity have reported any relevant financial relationships with a non-eligible company (commercial interest).



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