

Understanding Their World: Working With Military Service Members With Behavioral Health Needs

presented by

Carla W. Schnitzlein, D.O.

Dr. Carla Schnitzlein is an adult trained psychiatrist who has been in practice since 2014. After completing their medical education at Lake Erie College of Osteopathic Medicine they trained at Walter Reed National Military Medical Center from 2010 to 2014. Walter Reed provided Dr. Schnitzlein significant experience working with Service Members and Veterans, an area of medicine they remain passionate about. After residency Dr. Schnitzlein continued on active service with the United State Army, deploying to Kuwait in 2014 and later serving as the Third Infantry Division's Psychiatrist (Rock of the Marne!). They left the Army after 10 years of service and joined the staff at Natchaug where they currently serve as the Medical Director. Dr. Schnitzlein resides in Sterling with their husband Rob and their furred and feathered family.

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<https://hartfordhealthcare.zoom.us/j/92952510022>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

1. Develop understanding of the Service Member life cycle.
2. Explore barriers to Service Members seeking behavioral health services.
3. Enhance understanding of common behavioral health issues Service Members face and how to support them.
4. Discuss the Embedded Health Model and how it breaks down barriers to help seeking behaviors.

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Social Work: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 other continuing education credits.

Financial Disclosures:

- Nothing to disclose: Ellen Blair (Nurse Planner); Michael Dewberry (Course Director and Sponsor); Bharat Narapareddy (Program Director); Erica Iyamu-Osade (Social Work Planner); Paula Rego (Activity Coordinator); Carla Schnitzlein (Speaker); Javeed Sukhera (Co-Director and Sponsor);



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