

Learning to Dance – How MI Increases Rapport with Patients and Improves Clinical Outcomes

presented by

Marilyn P. Finkelstein DSW, LCSW

Marilyn Finkelstein, DSW, LCSW completed her Undergraduate studies at The University of Connecticut in Storrs and received a Bachelor of Science where she began her work with patients who have substance use disorders. After graduation in 2008 Marilyn went to work at Rushford and worked at the Glastonbury site running an Intensive Outpatient Program to provide adolescents with substance abuse treatment. After four years in that program, Marilyn came to the Institute of Living in 2015 to create and open the Young Adult Dual Diagnosis Program. After the success of the Dual program Marilyn then created the MATCH (Medicated Assisted Treatment Closer to Home) program in 2019 at the IOL to bring more substance use treatment to patients at the IOL. In the beginning of 2021, she became the Program Manager of Addiction Services at the IOL, where she currently oversees the only three addiction programs on the campus (Young Person's Track, MATCH Track and Professional's Track) in addition to being involved in substance use disorder education and training both at the IOL and around the Hartford Healthcare Behavioral Network. A large part of Marilyn's teaching is around Motivational Interviewing as she is the lead on the Motivational Interviewing Committee on the ZOOD (Zero Opioid Overdose Committee) and lead the design and implementation of the Motivational Interviewing Behavioral Health Network training. Marilyn's passion for addiction recovery and higher education led her to pursue her doctoral degree in Social Work at Southern Connecticut State University which she obtained on May 17th, 2024. Marilyn's dissertation focus was on Motivational Interviewing and Provider Empathy in treating patients with substance use disorders. Marilyn is eager to continue her work in the field of addiction and to be a voice for all those who suffer from the disease of addiction.

Catherine Dean, LCSW

Cathy is a graduate of Southern Connecticut State University where she received her MSW in 2006 followed soon after by her LCSW in 2009. Cathy has worked at CHH for 14 years beginning as an Outpatient Clinician before she took on a Coordinator role in 2014 before becoming the Clinical Manager of Adult Ambulatory in 2017. Cathy's leadership tenure at CHH includes guiding Adult Ambulatory during our merger with HHC, providing leadership during the Covid Pandemic, securing State of CT funding for our Hungerford Hope Program, while championing Harm Reduction and Motivational Interviewing clinical approaches in Adult Outpatient where she takes pride in her highly skilled and resilient Team. Cathy currently is on the Executive Committee for the Litchfield County Opiate Task Forces and member of the Board of Directors at Mental Health CT since 2022; she is the Co-Chair of CHH's Diversity, Equity, Inclusion & Belonging (DEIB) Council. She enjoys music, movies, and traveling to new places with her family including her husband and two boys – James, 10 and Gavin, 8.

9/19/2024 12:00:00 PM

<https://hartfordhealthcare.zoom.us/j/91330706816>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Identify and understand the 5 Stages of Change.*
- 2. Apply the 4 MI processes of engaging, focusing, evoking and planning.*
- 3. Recognize the benefits of using MI in clinical practice.*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

- Marilyn P Finkelstein, LCSW: Nothing to disclose - 04/15/2024
- Catherine Dean, LCSW: Nothing to disclose - 06/20/2024

