

Disordered Eating: An innovative approach within the IOL

presented by

Jennifer Downs, MD

Jennifer Downs is the Assistant Medical Director of Integrated Child and Adolescent Care for the BHN and a board-certified physician in pediatrics, general psychiatry, and child and adolescent psychiatry. She has extensive experience working with children and teens in acute care psychiatric settings including emergency departments, consultation-liaison services, inpatient units, urgent care clinics, and day treatment programs. Dr. Downs has a special interest in caring for patients with comorbid medical and psychiatric illness, including those with disordered eating, and was instrumental in bringing forth our current disordered eating protocols in use at IOL.

Cheryl Grezlik, LCSW

Cheryl Grezlik is an LCSW, who has worked at IOL for the past 16 years, currently a Resource Coordinator for D1N. She has worked with disordered eating issues for over 10 years, working at and managing the former Eating Disorders program at IOL. She continues to work with these disorders in her private practice, and has remained a resource regarding disordered eating for Hartford Healthcare.

Brianna Pollock, PhD

Brianna Pollock, PhD is a clinical psychologist and serves as the administrative program manager for the Professionals' Program. She completed her graduate training at the University of Tennessee, Knoxville, and her predoctoral internship and postdoctoral fellowship at Hartford Hospital/Institute of Living. Dr. Pollock has clinical and research interests in psychodynamic and mentalization-based psychotherapy, group psychotherapy, and the intersection of diversity, equity, and behavioral health treatment, particularly issues of fatphobia and body size discrimination in healthcare.

6/6/2024 12:00 – 1:15PM

<https://hartfordhealthcare.zoom.us/j/92730054737>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Describe the scope and impact of disordered eating and eating disorders.*
- 2. Apply strategies for managing disordered eating on inpatient psychiatric units.*
- 3. Apply strategies for managing disordered eating in ambulatory settings.*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

Jennifer Downs, MD: Nothing to disclose - 11/03/2023

Cheryl Grezlik, LCSW: Nothing to disclose - 05/14/2024

Brianna Pollock, PhD: Nothing to disclose - 11/10/2023

