

Beyond the Blues: Addressing Perinatal Mental Health Complications

presented by

Jennifer G. Vendetti, LMSW, CEIM, PMH-C

Jennifer is social worker and parent educator at UConn Health Parenting and Mind over Mood Initiative. Specializing in the transition to parenthood, perinatal and infant mental health and early childhood parenting, Jen is a passionate group facilitator teaching Circle of Security Parenting and Infant Massage and developed a Prenatal Parenting group curricula 15 years ago that is still used today at UConn Health Parenting. Jennifer is co-founder of the Connecticut Chapter of Postpartum Support International (PSI CT) and chairs its Board of Directors. She is also on the board of directors of the Connecticut Association for Infant Mental Health Jennifer has coordinated the two signature PSI Perinatal Mood and Anxiety Disorder trainings in Connecticut in 2015 and 2018 and has been involved in numerous community organizing, coalition building and professional developmental activities related to the development of a perinatal mental health infrastructure in our state. Last May, she was a keynote speaker at the CT Association for Infant Mental Health Spring Conference on the topic of Pandemic Perinatal and Early Parenting. This past May, State Representative Kai Belton presented Jennifer with the Governor's Proclamation recognizing May as Maternal Mental Health month in Connecticut and May 5th as Maternal Mental Health Day in Connecticut.

6/27/2024 8:00:00 AM

<https://hartfordhealthcare.zoom.us/j/99896774919>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Describe patient responsiveness dimensions that enhance treatment outcomes*
- 2. Discuss trends and results of treatment in order to determine guidelines and protocols for behavioral health patients.*
- 3. Assess rapidly patients' stage of change for a particular disorder*
- 4. Apply current guidelines in order to provide optimal care to admitted and clinic patients.*
- 5. Become familiar with Postpartum Support International and its State Chapter*
- 6. Learn how to utilize the Mental Health ACCESS CT service*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

- Jennifer Vendetti, LMSW: Nothing to disclose - 6/24/2024

