

Treatment of Complex and Comorbid OCD

presented by

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E. Katia Moritz, Ph.D., ABPP is a licensed psychologist in Florida, New York, Utah and Rio de Janeiro, Brazil. Dr. Moritz is Board Certified in Cognitive and Behavioral Psychology and a Fellow of the Association for Behavioral and Cognitive Therapies (ABCT). Together with Dr. Jonathan Hoffman, she founded the NBI Ranch and the Neurobehavioral Institute (NBI), where she is Chief Clinical Officer. Dr. Moritz is the training director and supervisor of NBI's APICC approved postdoctoral training program. Dr. Moritz specializes in the treatment of Severe Anxiety, Obsessive-Compulsive and Related Disorders and Autism Spectrum Disorders. Her work focuses on complex and hard to diagnose patients, training and interventions for families. She is on the Scientific & Clinical Advisory Board and the Diversity Council of the International Obsessive Compulsive Disorder Foundation (IOCDF). She is also on the advisory board of HAAPE (Helping Adults with Autism Perform and Excel). Dr. Moritz is the author of "Working with Obsessive Compulsive Disorder in Children" (Audio and Video Training Program), "Forms for Helping Children with OCD" and "Blink, Blink, Clop, Clop: An OCD Story Book" – English and Spanish versions.

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<https://hartfordhealthcare.zoom.us/j/98542873585>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

1. Identify what makes an OCD case complex and the affects treatment
2. Differentiate how specific comorbid conditions impact the presentation and the treatment of OCD
3. Recognize the evidence base treatments that can be successfully implemented in the treatment of complex OCD.

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Social Work: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 Other continuing education credits.

Financial Disclosures:

- Nothing to disclose: Ellen Blair (Nurse Planner); Michael Dewberry (Course Director); E. Katia Moritz (Speaker); Bharat Narapareddy (Program Director); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator); Javeed Sukhera (Co-Director and Sponsor); David Tolin (Sponsor)