

## *IOL Strategic Goals of Radical Recovery in Severe Mental Illness: A Case Study*

*presented by*

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The Institute of Living has an Adult Psychiatric Residency Training Program. During their third year, the resident psychiatrists, present one patient that one of them has cared for in the West Grad Adult Outpatient Clinic. Then the remaining residents research and present topics related to that patient. Due to patient confidentiality, this will be limited to IOL staff and trainees only.

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**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

1. Recognize the neurobiology of schizophrenia.
2. Develop a basic understanding of the leading causes of death in psychiatric patients, the overlap in pathophysiology of psychiatric and cardiometabolic diseases, and basic approaches to treating both through nutrition.
3. Identify different type of coercive practices commonly used in psychiatry.
4. Assess the risks and benefits of restraints in the psychiatric setting, and identify strategies to mitigate bias in restraint use.
5. Review the role of family in treatment of patients with schizophrenia.

**Accreditation Statement:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Credit Designation Statement:** Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

**Social Work:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 other continuing education credits.

### **Financial Disclosures:**

- Nothing to disclose: Ellen Blair (Nurse Planner); Michael Dewberry (Course Director); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator); Javeed Sukhera (Co-Director); Karina Weiss (Sponsor).

