

Methadone 101

presented by

Martin Bloch, MD

Dr. Martin Bloch has been the Assistant Medical Director at The Ridge Recovery Center since October 2023. His initial training was as an internal medicine physician, working two decades as a hospitalist in a variety of community hospital settings ranging from tertiary care facilities to critical access facilities. His interest in addiction medicine developed while serving people with opioid use disorder. Prior to joining Rushford, he was the Medical Director for six OTP's along the Colorado Front Range. He has three grown children, 1 of whom is a medical student at Quinnipiac University. His primary hobby is dancing.

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<https://hartfordhealthcare.zoom.us/j/95998219609>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Describe the primary pharmacological mechanism by which methadone prevents opioid withdrawal and cravings.*
- 2. Explain how the introduction of fentanyl into the drug supply is changing how methadone is used in clinical practice. Specifically, what prior induction dosing regimens were recommended and how some current practices increase the methadone dosage at shorter intervals.*
- 3. List 3 common side effects of methadone and important 3 classes of medications with drug-drug interactions of methadone.*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

- Martin Bloch, MD: Nothing to disclose - 12/13/2023

