

Peer Support, Lived Experience, and the Transformation of Behavioral Health

presented by

Chyrell D. Bellamy, PhD, MSW

Chyrell D. Bellamy, PhD, MSW, is a Professor of Psychiatry at Yale School of Medicine, Director of the Yale Program for Recovery and Community Health, Director of Peer Support Services and Research, and co-director of the Yale Lived Experience Transformational Leadership Academy. She also serves as Director of Community Engaged Research at the Yale Center for Clinical Investigation (YCCI) and Senior Policy Advisor to the Office of the Commissioner at the Connecticut Department of Mental Health and Addiction Services (CT DMHAS). Dr. Bellamy is a recognized leader in peer support research, recovery innovation, culturally responsive community-based interventions, and community-engaged translational science. She identifies as a person with lived experience, a perspective that informs her research, leadership, and innovation. At Yale, she leads national and international initiatives advancing peer support, addressing health disparities, and strengthening community systems through research, policy, and lived experience leadership.

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<https://hartfordhealthcare.zoom.us/j/96054212262>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Describe at least three foundational principles and historical developments of peer support and recovery-oriented behavioral health care.*
- 2. Identify at least three evidence-informed benefits of peer support for individuals, organizations, and behavioral health systems, including impacts on engagement, recovery, and community inclusion.*
- 3. Apply at least two strategies for integrating lived experience and peer support principles into behavioral health practice, leadership, supervision, or organizational culture.*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum **1.25 ANCC** contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Chyrell D Bellamy, PhD: Nothing to disclose - 05/18/2026

