

# ***College Shouldn't Be a Relapse Risk: Current Research on Collegiate Recovery Programs***

*presented by*

## ***Noel A Vest, PhD***

Noel Vest, PhD is an Assistant Professor at the Boston University School of Public Health. His research focuses on addiction recovery, collegiate recovery programs, and recovery-supportive systems for young adults. Dr. Vest's work examines how colleges and universities can better support students in recovery from substance use disorder, with particular attention to institutional context, peer support, implementation, and overdose prevention. His research is supported by the National Institute on Drug Abuse through a K01 award, and he has published extensively on collegiate recovery programming, recovery pathways, and student well-being in higher education.

**5/21/2026 12:00:00 PM**

<https://hartfordhealthcare.zoom.us/j/94998459576>

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

- 1. Describe the concept and core components of Collegiate Recovery Programs (CRPs), including peer support, mutual-help meetings, and recovery-supportive campus environments.*
- 2. Summarize recent empirical findings on the prevalence, structure, and outcomes associated with CRPs in the United States.*
- 3. Identify key institutional and public health gaps—such as overdose preparedness and recovery-supportive infrastructure—that influence recovery outcomes for college students.*

**Accreditation:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Physicians:** Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is designated for a maximum **1.25 ANCC** contact hours.

**Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

**Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

**Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

**Financial Disclosures:**

- Noel A Vest, PhD: Nothing to disclose - 03/20/2026

