

The Impact of Complex Family Dynamics on Mental Health: a case study

presented by

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The Institute of Living has an Adult Psychiatric Residency Training Program. During their third year, the resident psychiatrists, present one patient that one of them has cared for in the West Grad Adult Outpatient Clinic. Then, the remaining residents research and present topics related to that patient. Due to patient confidentiality, this will be limited to IOL providers only.

5/2/24 12:00 – 1:15 PM

Learning Objectives: *As a result of participating in this Live Internet Activity, participants should be able to:*

- *Understand how the caregiver role, family structure, and intergenerational trauma contribute to mental health symptoms.*
- *Identify predictors of med non-adherence and strategies to improve adherence.*
- *Appreciate a complex psychodynamic case formulation incorporating family structure and attachment style*

Accreditation & Credit Designation Statements: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

- **Physicians:** Hartford Healthcare designates this Live Activity for **1.25 AMA PRA Category 1 Credit(s)TM**. Physicians should only claim credit commensurate with their participation.
- **Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.
- **Nurses:** This activity is approved for **1.25 ANCC contact hour(s)**.
- **Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25** other continuing education credits.
- **Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 CreditTM from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Planning Committee: None
- Speakers: None

