

Reliance and Resistance: Balancing Attachment, Autonomy, and Treatment Complexity

presented by

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The Institute of Living has an Adult Psychiatric Residency Training Program. During their third year, the resident psychiatrists, present one patient that one of them has cared for in the West Grad Adult Outpatient Clinic. Then, the remaining residents research and present topics related to that patient. Due to patient confidentiality, this will be limited to IOL providers only.

5/1/2025 12:00:00 PM

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Consider the challenges of treating patients with comorbid disorders and complex treatment histories.*
- 2. Analyze the interplay between substance use disorder, personality vulnerabilities, and obsessive-compulsive disorder in treatment-resistant patients.*
- 3. Identify key psychological and interpersonal factors that contribute to patient-initiated termination of care, including transference, countertransference, and provider boundaries.*
- 4. Critically assess the rationale for and potential harms of polypharmacy in patients with multiple psychiatric comorbidities, including the risk of side effects and iatrogenic complications*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum of **1.25 ANCC** contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

