

Resiliency Through Rapport, Connections with Service Members and Veterans That Matter

presented by

Hannah Roggenkamp, MD

Hannah Roggenkamp, MD is the assistant program director for the Institute of Living's Psychiatry Residency as well as an adjunct assistant professor in the departments of psychiatry at Yale School of Medicine and University of Connecticut School of Medicine. Before coming to the IOL, she was the deputy chief for outpatient trauma treatment for the Greater Los Angeles VA Healthcare System, and after moving to CT, worked at VA West Haven where she ran a clinic focused on moral injury for Yale psychiatry residents. Along with a love of teaching, Dr. Roggenkamp specializes in PTSD, moral injury, military and first responder trauma, and intensive short-term dynamic psychotherapy (ISTDP).

and

Carla Schnitzlein, DO

Carla W. Schnitzlein, DO, originally hails from Fall River, MA. Their education includes a BS in Biology from Florida Southern College and Doctor of Osteopathy (DO) from Lake Erie College of Osteopathic Medicine (LECOM), Bradenton FL. Dr. Schnitzlein completed their psychiatry training at Walter Reed National Military Medical Center, including serving as chief resident. After completion of their training, Dr. Schnitzlein served as an Active Duty Army Psychiatrist, during which time they deployed with the 85th Combat Operation Stress Control team and served as the Third Infantry Division's Psychiatrist (Rock of the Marne!). Dr. Schnitzlein transitioned from service in 2020 to serve as a medical leader for Natchaug Hospital. Throughout their career, they have maintained an academic footprint through appointments at Georgia Medical College, Savannah's Gateway Residency, UCONN, and Netter School of Medicine, and in 2024 they took a position at Institute of Living (IOL) in support of the psychiatric residency as the resident clinic director. In 2025 Dr. Schnitzlein was promoted to their current position of Associate Medical Director for IOL's ambulatory services.

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<https://hartfordhealthcare.zoom.us/j/92122434817>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Develop an understanding of why Service Members and Veterans are reluctant to seek behavioral care.*
- 2. Appreciate ways that the Military and VA centers have decreased barriers and promoted help seeking.*
- 3. Increase comfort working with Veterans and Service Members.*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum **1.25 ANCC** contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Hannah Roggenkamp, MD: Nothing to disclose - 02/03/2026
- Carla Schnitzlein, DO: Nothing to disclose - 12/04/2026

