

Trends in Alcohol Use: From Dry January to Damp February

presented by

J. Craig Allen, MD

Dr. Allen is the Medical Director of Rushford, Chief of Psychiatry at Midstate Medical Center, and Vice President of Addiction Services for the Behavioral Health Network at Hartford Healthcare. Dr. Allen co-chairs the treatment subcommittee for the state of Connecticut's Alcohol and Drug Policy Council, is on the Advisory Board for the Department of Mental Health and Addiction Services, as well as President of the Connecticut Chapter of the American Society of Addiction Medicine. Dr. Allen lectures and advocates locally and nationally for prevention, screening, early intervention and treatment access for Substance use and other Psychiatric disorders throughout the lifespan. Dr. Allen is board certified in Child, Adolescent and Adult Psychiatry and Addiction Medicine.

4/25/24 8am-9:15am

<https://hartfordhealthcare.zoom.us/j/91289103984>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1 Identify the prevalence of alcohol misuse, mortality and morbidity in the U.S.*
- 2 Understand US and Canada alcohol consumption guidelines*
- 3 Name at least three interventions behavioral health providers can engage in to decrease risk and improve the health of their patients who use alcohol.*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

- Jonathan Allen, MD: Stocks or stock options, excluding diversified mutual funds-trycycle data - 11/04/2023

