

Archbishop Desmond Tutu: His Life, Work, and Relevance to Mental Health Care

presented by

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Mary Lynn Dell, MD, MTS, ThM, DMin, MHA, is Chair of Child and Adolescent Psychiatry, Institute of Living/Hartford Healthcare, Professor of Psychiatry at the University of Connecticut, and Professor of Psychiatry at the Frank H. Netter School of Medicine at Quinnipiac University. She graduated from Indiana University School of Medicine, where she completed general psychiatry residency. She also completed a child and adolescent psychiatry fellowship at Emory University, a research fellowship at NIMH, and has served on the faculties of Emory, University of Pennsylvania, George Washington, Case Western Reserve, The Ohio State University, Tulane, and University of Virginia. She maintains ABPN certification in general, child and adolescent, consultation liaison, and forensic psychiatry. Dr. Dell obtained theological education/training at Emory's Candler School of Theology, Virginia Theological Seminary, and Columbia Theological Seminary. An ordained Episcopal priest, she has chaired the APA Caucus on Religion Spirituality, and Psychiatry, co-chaired the American Academy of Child and Adolescent Psychiatry (AACAP) Ethics Committee; and was the founding chair of the AACAP Committee on Religion and Spirituality.

Dr. Dell's clinical and academic interests include chronic and life-limiting medical illnesses in children, adolescents, and transitional age individuals; bioethics; medical and theological education; and religion, spirituality and medicine/psychiatry.

4/16/2026 12:00:00 PM

<https://hartfordhealthcare.zoom.us/j/92193436431>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Name experiences in Tutu's life that informed his advocacy for individuals with medical conditions, disabilities, and mental health concerns.*
- 2. Apply the concept of "ubuntu" to their work as mental health providers and clinicians.*
- 3. Assess the potential usefulness of Tutu's vision of "joy" in mental health care.*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum **1.25 ANCC** contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Mary L Dell, MD: Nothing to disclose - 03/23/2026

