

# *The Art and Science of Treating PTSD*

*presented by*

## *Hannah Roggenkamp, MD*

Hannah Roggenkamp, MD is an attending psychiatrist at VA Connecticut in West Haven and an assistant professor in the Yale Department of Psychiatry. She specializes in military trauma, moral injury, intensive short-term dynamic psychotherapy, and psychiatry resident education. Dr. Roggenkamp transitioned to VA CT in 2023 after serving as the deputy chief of outpatient PTSD treatment at VA Los Angeles where she was also highly involved in UCLA psychiatry resident teaching. Dr. Roggenkamp is a sought-after lecturer within the VA and beyond, on PTSD, moral injury, and psychodynamic approaches to combat trauma.

**4/10/2025 12:00:00 PM**

<https://hartfordhealthcare.zoom.us/j/91657545521>

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

- 1. List two neurotransmitters that are linked to PTSD symptoms.*
- 2. Describe the step-wise approach to treating severe PTSD.*
- 3. Discuss two reasons to complete a thorough PTSD assessment.*

**Accreditation:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Physicians:** Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is designated for a maximum of **1.25 ANCC contact hours**.

**Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

**Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

**Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

**Financial Disclosures:**

- Hannah Roggenkamp, MD: Nothing to disclose - 03/12/2025

