

Pediatric Bipolar, Severe Mood Dysregulation, DMDD, and Irritability: Diagnostic and Treatment Challenges

presented by

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Dr. Soonjo Hwang is an associate professor and the research director of child and adolescent psychiatry at University of Nebraska Medical Center, Department of Psychiatry.

Dr. Hwang completed his residency program at New York Medical College/Westchester Medical Center. After this, he did his child and adolescent psychiatry fellowship at Massachusetts General Hospital/McLean Hospital/Harvard Medical School. He then pursued his research training at the National Institute of Mental Health as a clinical/research fellow. He worked at the section on affective cognitive neuroscience, specializing in neuroimaging studies of children and adolescents with disruptive behavior and mood disorders.

Dr. Hwang is a neuroscience researcher focusing on neuro-imaging and clinical trials for pediatric populations with mental health issues, especially disruptive behavior and mood disorders. He has numerous publications on these topics including neuroimaging findings of disturbances in empathy, emotional regulation, and decision making. He also published on school bullying, and aggressive behavior/violence in pediatric population.

For his clinical research he has extensive collaborations nationally and internationally, including Boys Town National Research Hospital, Department of IT/Science/Technology in South Korea, University of California San Francisco, and National Institute of Mental Health.

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<https://hartfordhealthcare.zoom.us/j/97825928680>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Identify the development of the concept of disruptive mood disorders in children.*
- 2. Describe the current understanding of irritability and severe mood dysregulation in children and adolescents.*
- 3. Discuss available treatment options for irritability and severe mood dysregulation in children and adolescents.*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum of **1.25 ANCC** contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

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Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Soonjo Hwang, MD: Nothing to disclose - 02/26/2025

