

Adding Brief Cognitive-Behavioral Therapy to Inpatient Usual Care: Results From the Institute of Living Suicide Prevention Research Program

presented by

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Dr. Diefenbach is a Senior Research Scientist and Coordinator of Research Operations at the Anxiety Disorders Center at the Institute of Living, and Adjunct Assistant Professor of Psychiatry at Yale University School of Medicine. Dr. Diefenbach earned her Ph.D. from Louisiana State University and completed her internship and post-doctoral fellowship at the University of Texas Health Sciences Center at Houston Medical School. Her research program broadly aims to improve the efficacy and accessibility of psychiatric treatments, particularly those utilizing cognitive-behavioral therapy. Dr. Diefenbach has collaborated on treatment development and outcome studies for a variety of psychiatric conditions and patient populations. She has published over 80 scientific journal articles, and has served as a Principal or Co-Investigator for grants from the National Institute of Mental Health and the American Foundation for Suicide Prevention.

3/14/24 12–1:15 PM

<https://hartfordhealthcare.zoom.us/j/93598114123>

Learning Objectives: *As a result of participating in this Live Internet Activity, participants should be able to:*

- *Outline the content of Brief Cognitive Behavioral Therapy for suicide prevention adapted for an inpatient setting (BCBT-I).*
- *Describe the efficacy of BCBT-I when added to inpatient usual care.*
- *Explain how substance use disorder moderates BCBT-I outcomes.*

Accreditation & Credit Designation Statements: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

- **Physicians:** Hartford Healthcare designates this Live Activity for **1.25 AMA PRA Category 1 Credit(s)TM**. Physicians should only claim credit commensurate with their participation.
- **Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.
- **Nurses:** This activity is approved for **1.25 ANCC contact hour(s)**.
- **Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25** other continuing education credits.
- **Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 CreditTM from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Planning Committee: None
- Speakers: None

