

Mental Health & Chronic Disease: Our Role, Our Impact, Our Action

presented by

Sheritta Strong, MD, MBA, DFAPA

As the Assistant Vice-Chancellor of Campus Engagement for UNMC, Dr. Sheritta A. Strong is an Associate Professor, Clinician, and Director of Engagement in the Department of Psychiatry. As an Omaha Native, she completed her education in 1999 through a medical pathway program with a BS from University of Nebraska at Omaha. Her medical degree and residency training was obtained from UNMC and Creighton, respectively. She also finished an MBA with health executive focus from the University of Colorado in 2023. Dr. Strong had been the pre-clinical psychiatry education director for over 10 years and maintains her connection to students through advising, mentoring, and serving as the faculty advisor for an inclusive campus-wide student group. Clinically, Dr. Strong established her career caring for patients with a variety of severe emotional health conditions and has a passion for community mental health. She has been caring for patients with varying levels of socioeconomic statuses as a consulting psychiatrist at the Charles Drew Health Center since 2009. She attained the status of Distinguished Fellow of the American Psychiatric Association (APA) in 2020, and Dr. Strong has been honored with many national and local leadership and teaching awards from the APA, UNMC Alumni Association, Omaha North Vikings of Distinction, the Urban League, and the National Coalition of 100 Black Women. In the community, Dr. Strong has been a member of Alpha Kappa Alpha Sorority, Incorporated for more than 28 years where the sentiment is “service to all mankind” and a member of the Omaha (NE) Chapter of the Links Incorporated. She enjoys empty nesting with her husband as their sons play collegiate level basketball.

3/13/2025 12:00:00 PM

<https://hartfordhealthcare.zoom.us/j/98767959107>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Identify barriers that impact chronic disease management.*
- 2. Discuss various strategies to take action to enhance outcomes*
- 3. Explain the role of mental health providers in chronic disease management highlighting how conditions like diabetes, hypertension, and cardiovascular disease interact with psychiatric disorders.*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of 1.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum 1.25 ANCC contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 general continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for 1.25 hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Sheritta Strong, MD: Nothing to disclose

