

## *Deep Brain Stimulation for Treatment-Resistant OCD*

*presented by*

### *Hyun Joo Park, MD*

Dr. Hyun Joo Park is a fellowship trained neurosurgeon specializing in deep brain stimulation, HIFU, and skull base surgery. She earned her MD degree from Eulji University in Daejeon, Republic of Korea, and completed an internship and residency at Seoul National University Hospital in Seoul, Republic of Korea. She also completed a Stereotactic and Functional Neurosurgery Fellowship at Seoul National University Hospital. Dr. Park then went on to complete a Neurosurgical Oncology and Skull Base fellowship at Seoul National University Bundang Hospital in Seongnam, Republic of Korea. She then completed an additional Stereotactic and Functional Fellowship at the Icahn School of Medicine at Mount Sinai, Mount Sinai Hospital. She is a member of WSSFN, AANS, and a fellow of CNS. Dr. Park is fluent in English and Korean.

### *Tonya Ruggieri, MD*

Dr. Tonya Ruggieri is an adult psychiatrist who completed medical school at Ross University School of Medicine in 2017, followed by residency training at the Institute of Living/Hartford Hospital in 2021. She then joined the IOL as an attending psychiatrist and is currently Co-Director of the Center for Interventional Psychiatry. She is passionate about helping patients with treatment-resistant disorders with transcranial magnetic stimulation, ketamine, and electroconvulsive therapy, and is excited to be adding deep brain stimulation for OCD to the department. Tonya also has an interest in research and serves as a Sub-Investigator for the IOL's Clinical Trials Unit.

### *Joseph Trettel, MD, PhD*

Joseph Trettel, MD, PhD, is a neuropsychiatrist and neuroscientist who serves as Co-Director of the Center for Interventional Psychiatry at the Institute of Living and Assistant Professor of Psychiatry at the University of Connecticut School of Medicine. He earned both his PhD in neurophysiology and MD from the University of Connecticut, completed his internship at the University of Connecticut followed by psychiatry residency training at the Institute of Living/Hartford Hospital, and subsequently pursued fellowship training in Behavioral Neurology and Neuropsychiatry at Brigham and Women's Hospital/Harvard Medical School. He is board certified in Adult Psychiatry and Behavioral Neurology & Neuropsychiatry, and his clinical work focuses on interventional psychiatry, with expertise in electroconvulsive therapy.

**3/12/2026 12:00:00 PM**

<https://hartfordhealthcare.zoom.us/j/91996179393>

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

- 1. Describe evidence-based therapies for the treatment of OCD.*
- 2. List indications for surgical intervention in OCD patients.*
- 3. Explain mechanisms of action for OCD DBS.*

**Accreditation:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Physicians:** Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is designated for a maximum **1.25 ANCC** contact hours.

**Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

**Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

**Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

**Financial Disclosures:**

- Hyun Joo Park, MD: Nothing to disclose - 01/11/2026
- Tonya Ruggieri, MD: Nothing to disclose - 09/12/2025
- Joseph Trettel, MD, PhD: Nothing to disclose - 02/04/2026

