

Eating Disorders in Psychiatric Settings: From Frustration to Collaboration

presented by

Marci Evans, MS, CEDRD-S, LDN

Marci identifies as a Food and Body Image Healer® practicing from a weight-inclusive, anti-oppression lens. She has dedicated her career to counseling, supervising, and teaching in the field of eating disorders. Marci is a Certified Eating Disorder Registered Dietitian and Supervisor (CEDS-C) and a Certified Intuitive Eating Counselor. In addition to her group private practice, Marci launched an online eating disorders training platform for clinicians in 2015. In 2016, she joined the Simmons University nutrition department, where she co-developed a specialized eating disorder internship and taught graduate-level courses in nutrition counseling for eating disorders. In 2018, she received the Professional Integrity Award from the Behavioral Health Nutrition Dietetic Practice Group of the Academy of Nutrition and Dietetics. Her forthcoming book, *Eating Disorders Treatment: A Comprehensive and Integrative Guide to Nutrition Therapy*, is slated for publication in late Fall of this year. Marci has spoken locally and nationally at conferences and in media outlets on eating disorder treatment and education. To learn more about her work, trainings, and publications, visit www.marciRD.com. She also maintains a professional presence on social media under @marciRD.

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<https://hartfordhealthcare.zoom.us/j/99349938849>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Describe common myths and misinterpretations related to eating disorders in psychiatric settings, including the limitations of laboratory values and BMI in assessing medical risk.*
- 2. Recognize how eating disorders co-occur with and complicate psychiatric conditions, including the role of GI symptoms and physiological adaptation.*
- 3. Apply relationship-centered strategies that reframe "difficult" eating disorder behaviors, reduce staff frustration, and support collaborative, risk-aware psychiatric care.*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum **1.25 ANCC** contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Marci Evans, MS: Nothing to disclose - 01/24/2026

