

Peer Run Respite: An Approach to Harm Reduction in Mental Health

presented by

Thomas Burr

Thomas Burr is the Public Policy & Affiliate Relations Manager at NAMI Connecticut. As a member of NAMI for over 20 years, and a member of the NAMI Connecticut staff since February 2011, he has also served as a volunteer on both the NAMI Connecticut and NAMI Manchester Affiliate Boards; and is the former Board President of the Manchester Affiliate. His current focus is to help everyone in the State of Connecticut know about NAMI and what we provide to help folks affected by mental health challenges, as well as assisting our network of local NAMI Affiliates bring the entire spectrum of NAMI signature programs to their communities. Thomas is also a registered lobbyist, and a leader in NAMI Connecticut's Public Policy efforts up at the Connecticut State Capitol.

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Jordan Fairchild

Jordan Fairchild (she/they) is a queer and trans artist, activist and community organizer of color working in mental health justice, abolition and anti-carcer mental health systems change. She is the Executive Director of Keep The Promise. Coalition in Connecticut, where she has worked to build community power as a basis for advocacy for fidelity-based peer respite programs, human rights protections in the mental health system, the abolition of the state's Psychiatric Security Review Board, and more.

12/21/23 12–1:15 PM

<https://hartfordhealthcare.zoom.us/j/96543953576>

Learning Objectives: *As a result of participating in this Live Internet Activity, participants should be able to:*

- *Distinguish harm reduction from other approaches in mental health services.*
- *Describe the benefits of peer run respite programs.*
- Describe the role of peer support specialists in promoting consent and self-direction in mental health services

Accreditation & Credit Designation Statements: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

- **Physicians:** Hartford HealthCare designates this Live Activity for **1.25 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with their participation.
- **Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.
- **Nurses:** This activity is approved for **1.25 ANCC contact hour(s)**.
- **Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25** other continuing education credits.
- **Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 Credit[™] from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Planning Committee: None
- Speaker: None

