



Institute of Living Grand Rounds

Self-Compassion in Clinical Practice

presented by

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12:00 p.m. – 1:15 p.m.

The lecture is streamed live through the VMR app at: [meet.iolhartford](https://meet.iolhartford.com)

Learning Objectives: *As a result of participating in this live activity, participants should be able to:*

1. Summarize the theory and research base of self-compassion.
2. Describe 3 key ways of integrating self-compassion into clinical practice.
3. Teach simple self-compassion to clients.

Financial Disclosure: The speakers, planners, and directors of this event have no financial conflicts of interest in regards to the content of this program.

Commercial Support: There is no commercial support for this program.

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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