

Advances in the Practice of ECT for the Treatment of Major Depressive Disorder

presented by

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Dr. Shawn McClintock is Professor and holds the Lydia Bryant Test Distinguished Professorship in Psychiatric Research in the Department of Psychiatry at UT Southwestern Medical Center. Also, he is the Director of Research Training in the Clinical Psychology Doctoral Program in the UT Southwestern Medical Center Graduate School of Biomedical Sciences. Dr. McClintock received his MS in Rehabilitation Counseling Psychology (2005), PhD in Clinical Psychology (2006), and MS in Clinical Sciences with Distinction (2011) from UT Southwestern Medical Center. He completed postdoctoral training in clinical neuropsychology and mood disorders research as a National Institute of Mental Health (NIMH) T32 Postdoctoral Fellow at UT Southwestern Medical Center, and he completed postdoctoral training in brain stimulation and therapeutic modulation research at Columbia University and the New York State Psychiatric Institute. Dr. McClintock is a globally recognized expert in the neurocognitive effects of major depressive disorder and antidepressant neuromodulation therapeutics. He has received grant funding from the National Institutes of Health (NIH) since 2006. Dr. McClintock has published over 100 peer-reviewed articles, 12 books chapters, and is Co-Editor of the book *Neuropsychology of Depression* that centers around his program of research focused at the intersection of clinical neuropsychology, depression, and neuromodulation therapeutic development.

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<https://hartfordhealthcare.zoom.us/j/91351966994>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

1. Describe the cognitive effects of major depressive disorder
2. Describe the clinical and cognitive effects of electroconvulsive therapy
3. List the electroconvulsive therapy parameters that are associated with clinical and cognitive effects

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 *AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Social Work: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 Other continuing education credits.

Financial Disclosures:

- Nothing to disclose: Ellen Blair (Nurse Planner); Jimmy Choi (Sponsor); Michael Dewberry (Course Director); Shawn McClintock (Speaker); Bharat Narapany (Program Director); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator);  Deyved Sukhera (Co-Director and Sponsor);