

Recognizing and Addressing Stigma in Healthcare

presented by

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John Lally is a retired Psychiatric Nurse Practitioner in Ellington, CT. with 39 years' experience treating those with mental illness and addictions. He has a Master's degree in Marriage and Family Therapy from the University of Connecticut and a Master's degree in Nursing from Saint Joseph University. He is a member of the American Society of Addiction Medicine, and a certified grief counselor. He is Executive Director of Today I Matter, Inc. a non-profit organization dedicated to reducing the shame and stigma of mental illness through education, advocacy, and support. He lost his oldest Son, Timothy, to a heroin overdose in January 2016. In service of this mission he has been a featured public speaker at addiction education and awareness events around Connecticut, and appeared multiple times on television news pro-grams. He's been published in *The Hartford Courant*, on the web at The Good Men's Project and writes a blog entitled *Addiction: Reports from the Front Lines*. He is available for in person or virtual trainings related to addiction, mental illness, Opioid overdose and Narcan administration, Suicide prevention, and QPR. He can be contacted through the website todayimatter.com or emailed at todayimatterinc@gmail.com.

11/2/23 12:00 – 1:15 PM

<https://hartfordhealthcare.zoom.us/j/93116182402>

Learning Objectives: *As a result of participating in this Live Internet Activity, participants should be able to:*

- *List 3 examples of stigmatizing language.*
- *Explain how stigma acts as a barrier to treatment*
- *Distinguish stigmatizing language from person first language*

Accreditation & Credit Designation Statements: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

- **Physicians:** Hartford HealthCare designates this Live Activity for **1.25 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with their participation.
- **Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.
- **Nurses:** This activity is approved for **1.25 ANCC** contact hour(s).
- **Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25** other continuing education credits.
- **Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 Credit[™] from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Planning Committee: None
- Speakers: None

