

Listening To Psychotic Symptoms with the Intent to Understand Their Psychological Meaning

presented by

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Michael Garrett, MD is currently Professor Emeritus of Clinical Psychiatry at SUNY Downstate Medical Center in Brooklyn, New York. He is also on the faculty of the Psychoanalytic Association of New York (PANY) affiliated with NYU Medical Center in New York City. He received his medical degree from the Albert Einstein College of Medicine and completed his residency training in Psychiatry at Bronx Municipal Hospital Center. He currently teaches and supervises clinicians doing psychotherapy for psychosis and is a consultant to several first-episode for psychosis teams in the United States and elsewhere. He has a particular interest in the integration of cognitive behavioral and psychodynamic treatment in the psychotherapy of psychosis, as detailed in a Chapter in Kaplan & Sadock's Comprehensive Textbook of Psychiatry 11th Ed titled Individual Psychodynamic Psychotherapy and Cognitive Behavioral Therapy for Psychosis, and in his recent book, Garrett, M. (2019) Psychotherapy for Psychosis: Integrating Cognitive Behavioral and Psychodynamic Treatments. Guilford Press/New York.

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<https://hartfordhealthcare.zoom.us/j/97364561462>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. State why clinicians need to both make a diagnosis but also understand the patient as an individual person.*
- 2. Give one example of how delusions are in some way analogous to the primal fantasies of normal young children.*
- 3. Give one example of how disavowed unwanted aspects of one's own personality may be projected into mental representations of other outside the self.*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum **1.25 ANCC** contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Michael D Garrett, MD: Nothing to disclose - 10/05/2026



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