



## Annual Burlingame Award Lecture Burlingame Awardee Altha J. Stewart, M.D.

### Radical Recovery: Healing Trauma in a Community of Humanity, Anti-racism, and Respect for Lived Experience

*presented by*

**Altha J. Stewart, M.D.**

Altha J. Stewart, MD is Senior Associate Dean for Community Health Engagement, Director, Division of Public and Community Psychiatry, and Director, Center for Youth Advocacy and Well-Being at the University of Tennessee Health Science Center in Memphis. A native of Memphis, she graduated Temple University Medical School, completed residency at Drexel University, and has led large public mental health systems in Pennsylvania, New York, and Michigan over her 40-year career. Dr. Stewart is currently President of the American Association for Community Psychiatry, following her historic election in 2017 as the 145<sup>th</sup> President of the American Psychiatric Association, where she was the first African American ever elected as president in the 175-year history of the organization. She is also past president of the Black Psychiatrists of America, Association of Women Psychiatrists, and American Psychiatric Foundation. She has served as Visiting Professor at UC San Francisco, UC Davis, University of Maryland, and Massachusetts General Hospital, and received honorary degrees from her alma mater, Christian Brothers University in Memphis, as well as Regis College in Weston, MA. She is also an honorary member of the South African Society of Psychiatrists. She is the recipient of the 2023 NAMI-TN "Courage to Share" award, 2022 Brain and Behavior Research Foundation Pardes Humanitarian Prize, UT President's Award – "Connect" Category, the American Psychiatric Association Alexandra Symonds, Solomon Carter Fuller and Administrative Psychiatry and Leadership Awards, University of Pennsylvania School of Medicine Arlene Parsons Bennett, MD Health Equity Award, and the Black Psychiatrists of America Lifetime Achievement Award. She currently serves on the boards of numerous local and national professional, academic, non-profit and advocacy organizations.

**Thursday, October 19th, 2023 @ 8am**

<https://hartfordhealthcare.zoom.us/j/95312042095>

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

1. Demonstrate how 'radical recovery' mental health communication strategies reduce health disparities and achieve health equity.
2. Design community outreach and education strategies that will remove barriers to access to care, increase workforce diversity and demonstrate improvement of overall mental health and well-being in vulnerable populations.
3. Create outcome measures to determine the effectiveness of the education and outreach strategies.

**Accreditation & Credit Designation Statements:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

- **Physicians:** Hartford HealthCare designates this Live Activity for **1.25 AMA PRA Category 1 Credit(s)**<sup>TM</sup>. Physicians should only claim credit commensurate with their participation.
- **Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.
- **Nurses:** This activity is approved for **1.25 ANCC contact hour(s)**.
- **Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 other continuing education credits**.
- **Other Learners:** All other learners will receive a Certificate of Participation for **1.25 hours** of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 Credit<sup>TM</sup> from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

**Financial Disclosures:**

No individuals involved in the planning or teaching of this activity have reported any relevant financial relationships with a non-eligible company (commercial interest).