

Exploring Multigenerational Mental Health Among Distinct Ethnicities of Black Americans

presented by

Carmen Black, MD

Dr. Black is a psychiatrist, educator, and scholar whose work focuses on improving clinical care, strengthening trust, and addressing the ways historical and social context shape mental health. A native of Augusta, Georgia, and a second-generation graduate of the Medical College of Georgia, she trained in psychiatry at the University of Pennsylvania and Medical College of Georgia and currently serves as Vice Chair of Education at the Institute of Living. Her clinical and scholarly work focuses on improving care for underserved populations, reducing bias and discrimination in everyday clinical practice, and promoting safer, more compassionate responses to behavioral health emergencies.

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<https://hartfordhealthcare.zoom.us/j/93477038776>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Identify differential ethnic identities of Black Americans in relation to American history*
- 2. Engage these differential ethnic identities in their conceptualization of mental health risk and resilience among Black patients in your practice*
- 3. describe 2 limitations of existing race-based demographic variables to discern generational health risks of Black Americans*

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum **1.25 ANCC** contact hours.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures

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- Carmen Black, MD: Nothing to disclose - 07/29/2026

