

Addressing the Elephant in the Room: Shame and Sentinel Emotional Events in Health Professions Learners

presented by

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Will Bynum, M.D. is an Associate Professor of Family Medicine at Duke University School of Medicine and the Director of the Duke Family Medicine Residency Program. He is completing his Ph.D. in Health Professions Education at Maastricht University in the Netherlands, where he studies shame experiences across the continuum of medical education. He is the creator of The Shame Conversation, an initiative that utilizes mixed media to advance open communication about the role of shame in healthcare.

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<https://hartfordhealthcare.zoom.us/j/95410552306>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Define and differentiate shame and guilt and describe by this distinction matters*
- 2. Outline triggers, contributing factors, and effects of shame in health professions learners*
- 3. Describe specific identity processes implicated in shame experiences*
- 4. List specific strategies for advancing shame resilience in health professions education*

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Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

- Nothing to disclose:** Ellen Blair (Nurse Planner); Will Bynum (Speaker); Michael Dewberry (Course Director); Bharat Narapareddy (Program Director); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator); Javeed Sukhera (Co-Director and Sponsor)

