

Addressing the Youth Mental Health Crisis: A Personal and Professional Journey

presented by

Shairi Turner, MD, MPH

Shairi R. Turner MD, MPH, is an internist and pediatrician with expertise in trauma-informed practices. She serves as the Chief Health Officer at Crisis Text Line, leading the organization's external policy, advocacy, and partnership initiatives related to mental health. Crisis Text Line is a national not-for-profit organization that provides free, 24/7 text-based mental health support and crisis intervention in English and Spanish. In this role, she is fervently committed to addressing the youth mental health epidemic. Prior to joining Crisis Text Line, Dr. Turner served four years as the first Chief Medical Director for the Florida Department of Juvenile Justice, responsible for the oversight of Health, Mental Health, and Substance Abuse Services. Her office's focus included the impact of childhood trauma (physical, sexual, and emotional abuse) on youth involved in the juvenile justice system. She served two years as the Deputy Secretary for Health and the Interim State Surgeon General for the Florida Department of Health. After her departure, Dr. Turner was a faculty consultant for the National Center for Trauma-Informed Care, co-leading national training on the neurobiology of trauma. As the Co-Director of the U.S. Office on Women's Health Trauma-Informed Medicine e-Cases, she was responsible for developing a compendium of online virtual patient cases (for primary care providers) focused on practical approaches to caring for patients who have survived traumatic life experiences. With the FSU College of Social Work, she traveled to Shanghai, China in 2017 for an international conference on Trauma (with then Dean Jim Clark). She holds a Research Faculty appointment with the College of Social Work. Dr. Turner has been a featured mental health expert at numerous conferences, top-tier and regional news programs, media interviews, and podcasts. Most notably, *NBC's Meet the Press*, *Scripps News*, *Good Day DC*, *CNN*, *iHeart Radio Podcast with Michelle Williams*, *Good Day Seattle*, *HuffPost*, to name a few. She also was a co-Host of NIKE's acclaimed *No Off Season* podcast series. She is a member of the Leadership Florida Cornerstone Class 42. She received a BS in Biology from Stanford University, a Doctor of Medicine degree from Case Western University School of Medicine (with honors), and completed the Harvard Combined Internal Medicine and Pediatrics Residency Program. As a Commonwealth Fund/Harvard University Fellow in Minority Health Policy, she then earned a Master of Public Health from the Harvard School of Public Health. She is married and the mother of two pre-Med college students. She serves on the board of the Innocence Project of Florida.

1/30/2025 8:00:00 AM

<https://hartfordhealthcare.zoom.us/j/99738494457>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Discuss the services provided by Crisis Text Line.*
- 2. Describe the topics young people text in about most frequently.*
- 3. Identify the community resources that support mental health and wellbeing.*

- **Accreditation:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.
- **Physicians:** Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- **Nurses:** This activity is designated for a maximum of **1.25 ANCC contact hours**.
- **Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.
- **Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.
- **Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.
- **Financial Disclosures:**

Shairi Turner, MD, MPH: Nothing to disclose - 01/06/2025

