

"Hey You, Don't Tell Me There's No Hope at All: Practical Approaches to Clzapine Resistant Schizophrenia"

presented by

Katharine N. Woods, DO

Dr. Woods graduated from Rockville High School in Vernon and swore she'd never live in CT again, yet she keeps coming back. She graduated undergrad from Harvard, intent to embark on a career in academic micropaleontology, and went to the University of Southern California for her master's in geology as the next step on that path only to discover how much the process of academia was not really what she'd hoped it would be. So, master's in hand, she went off to work as a stable isotope geochemist at Lawrence Berkeley Labs. One day a few years later, while eating pizza dumpster-salvaged by Food Not Bombs at a Berkeley Needle Exchange Site after draining one of countless abscesses in the back of the bread truck that was converted into a field clinic, chatting with a co-member of the collective who was doing safe injection education -- who they themselves had schizophrenia and were an active injection opiate user -- about their experiences with their schizophrenia and mental health care, she decided maybe her hobby should be her job, and off she went to med school. A graduate of NYCOM and residency here at the Institute of Living, she worked here for a little over a year and a half in inpatient geripsych, ECT, and TMS before moving to Tucson, AZ where she first worked in inpatient geripsych and built the ECT and TMS department at the University of Arizona before taking over as Medical Director for hospital psychiatry at Banner/University of Arizona at both campuses in Tucson. She then served as the Chief Medical Officer of the Arizona State Hospital system including its civil, forensic, and sexual offender facilities as well as an Assistant Deputy Director of the Department of Health Services for the State of Arizona. Most recently before returning, she was the Chief Medical Officer of the Eleanor Slater Hospital and the Department of Behavioral Health, Developmental Disabilities, and Hospitals for the State of Rhode Island. She is currently serving as Assistant Medical Director for Adult Inpatient Psychiatry at the Institute of Living.

1/2/2025 12:00:00 PM

<https://hartfordhealthcare.zoom.us/j/92707931886>

Learning Objectives: As a result of participating in this Live Activity, participants should be able to:

1. Summarize the evolution of the diagnosis "schizophrenia".
2. Describe the meaning of "treatment resistance" and "clozapine/ultra-treatment resistance" in schizophrenia.
3. Construct a treatment approach (pharmacologic and non-pharmacologic) from patient-based evidence and first-principles.

Accreditation: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians: Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is designated for a maximum of **1.25 ANCC contact hours**.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

Other Learners: All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

Financial Disclosures:

- Katharine Woods, DO: None

