

## **Supporting Youth Exposed to Bereavement and Traumatic Loss Using Evidence-Based Practices**

*presented by*

### **Julie B Kaplow, PhD, ABPP**

**Julie Kaplow, PhD, ABPP**, is a licensed clinical psychologist, board certified in Clinical Child and Adolescent Psychology. She serves as Executive Director of the Trauma and Grief (TAG) Center at Children's Hospital New Orleans and Professor of Psychiatry at Tulane University School of Medicine. Dr. Kaplow is also Executive Vice President of Trauma and Grief Programs and Policy and Executive Director of the TAG Center at the Meadows Mental Health Policy Institute in Houston. She is also CEO of the Lucine Center for Trauma and Grief, a group practice that provides no-cost teletherapy to youth exposed to traumas and losses across the states of Texas and Louisiana. In these roles, she oversees the development and evaluation of treatments for traumatized and bereaved youth and disseminates trauma- and bereavement-informed "best practices" to community providers nationwide. Following tragedies such as Hurricane Harvey and the Santa Fe school shooting, Dr. Kaplow and her team provided evidence-based risk screening and interventions to impacted children and families. More recently, they have conducted and coordinated trainings for school- and community-based clinicians throughout Uvalde, Texas following the Robb Elementary School shooting.

Dr. Kaplow has published widely on the topics of childhood trauma and grief and has served as Principal Investigator on numerous grant-funded programs focused on enhancing resilience in youth exposed to adversity. She is lead author of *Multidimensional Grief Therapy*, co-author of *Trauma and Grief Component Therapy for Adolescents*, and co-author of *Trauma Systems Therapy*. Dr. Kaplow has served as a consultant to the DSM-5 Sub-Work Group on Prolonged Grief Disorder, the ICD-11 Work Group on Disorders Associated with Stress, the National Academy of Medicine (Scientific Advisory Council on Child Death), and the Mass Violence and Children Working Group of the FBI.

Prior to joining the Meadows Mental Health Policy Institute, Dr. Kaplow served as Chief of Psychology and Vice Chair for Behavioral Health at Texas Children's Hospital/Baylor College of Medicine. She received her BA in Psychology from the University of Michigan and her PhD in Clinical Psychology from Duke University. She completed her internship at Boston Children's Hospital/Harvard Medical School followed by postdoctoral training at the Center for Medical and Refugee Trauma at Boston Medical Center.

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<https://hartfordhealthcare.zoom.us/j/95284072245>

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

- 1. Identify the three primary bereavement-related challenges as described in multidimensional grief theory.*
- 2. Distinguish between posttraumatic stress and grief reactions.*
- 3. Describe core components of evidence-based, grief-focused intervention.*

**Accreditation:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Physicians:** Hartford HealthCare designates this Live Activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is designated for a maximum of **1.25 ANCC contact hours**.

**Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

**Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive **1.25 general** continuing education credits.

**Other Learners:** All other learners will receive a Certificate of Participation for **1.25** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.

**Financial Disclosures:**

- Julie B Kaplow, PhD: NONE

