

Choosing Wisely: Precision Medicine Approaches for Anxiety Disorders

presented by

Jeffrey R Strawn, MD

Dr. Strawn is a Professor of Psychiatry, Pediatrics and Clinical Pharmacology at the University of Cincinnati and at Cincinnati Children's Hospital. He is Director of the University of Cincinnati Anxiety Disorders Research Program and the Associate Vice Chair of Research in the Department of Psychiatry & Behavioral Neuroscience at the University of Cincinnati. After earning a bachelor's degree in biology at the University of Kentucky and then his M.D. from the University of Cincinnati, Dr. Strawn completed general psychiatry residency training at the UC and a clinical fellowship in child and adolescent psychiatry at Cincinnati Children's Hospital. His research focuses on anxiety and related disorders as well as on the pharmacologic treatment of these disorders. With his collaborators, Dr. Strawn uses neuroimaging, pharmacogenetics and pharmacologic approaches to identify early predictors of treatment response and medication tolerability. His work broadly aims to identify the best treatments for individual patients based on patient-specific characteristics and to characterize the trajectory of improvement. This body of work has provided a platform for refining treatment targets and identifying treatment response biomarkers in anxiety and related disorders. Dr. Strawn is extensively involved in medical education. He is a highly sought-after speaker at both national and international meetings. He has received several teaching awards from the University of Cincinnati, Cincinnati Children's, and the American Academy of Child & Adolescent Psychiatry. In his clinical practice, he works with youth with anxiety and related disorders and with their families and supervises residents and fellows. Dr. Strawn has authored nearly 200 peer-reviewed publications and co-authored three textbooks on the treatment of children and adolescents and on contemporary psychotherapy. He is a distinguished fellow of the American Academy of Child & Adolescent Psychiatry and has received multiple awards for teaching, mentorship and research.

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<https://hartfordhealthcare.zoom.us/j/99539748573>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

1. List factors that influence response to selective serotonin reuptake inhibitors (SSRIs) in pediatric patients with anxiety disorders
2. Describe how variation in pharmacokinetic genes influences the pharmacokinetics of SSRIs in adolescents.
3. Recognize the relationship between SSRI pharmacokinetics and tolerability in adolescents

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Social Work: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 Other continuing education credits.

Financial Disclosures:

- Nothing to disclose: Ellen Blair (Nurse Planner); Michael Dewberry (Course Director); Salma Malik (Sponsor); Bharat Narapareddy (Program Director); Erica Lyannu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator); Jeffrey Strawn (Speaker); Javeed Sukhena (Co-Director);