

NAMI's Role in Providing Information & Support to People Affected by Mental Illness

presented by

Elizabeth B. Stafford, MPH

Elizabeth Stafford serves as NAMI National's Director of Research. She oversees original research projects conducted by the National office, supporting academic and industry partners and guiding strategy and improvement of NAMI programming. Elizabeth's team plays a supportive role across NAMI's communication, education and advocacy programs, managing the clinical and scientific content on NAMI.org and ensuring that resources shared with the public and across the alliance are informed by the most current research. She is passionate about making complex science and data more accessible to the public. Before joining NAMI in 2018, Elizabeth completed internships with the Washtenaw County Public Health Department and the U.S. Food and Drug Administration and worked as a healthcare systems consultant. She received her MPH in Epidemiology with a certificate in Human Genetics from the University of Michigan.

4/21/2022 12:00:00 PM

<https://hartfordhealthcare.zoom.us/j/92070496005>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1. Review the mission and primary objectives of the National Alliance on Mental Illness*
- 2. Identify a variety of informational and support resources that may be applicable in their own practice*
- 3. Consider incorporating peer support and self-directed education into treatment plans for the individuals in their care*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Social Work: As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 other continuing education credits.

Financial Disclosures:

- Nothing to disclose: Ellen Blair (Nurse Planner); Michael Dewberry (Course Director); Bharat Narapareddy (Program Director); Paul Nestadt (Speaker); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator); Elizabeth Stafford (Speaker); Javeed Sukhera (Co-Director)