

# ***OPIOIDS and SUICIDE***

*presented by*

***Paul Nestadt, MD***

*Dr. Paul Nestadt is an assistant professor of Psychiatry at the Johns Hopkins School of Medicine, where he is co-director of the outpatient Anxiety Disorders Clinic and attending psychiatrist in the esketamine clinic and the inpatient dual diagnosis unit. Dr. Nestadt's research focuses on practical risk factors for suicide, such as firearm access and opioid use. He co-directs the doctoral level "Suicide as a Public Health Problem" course in the school of public health, and guest lectures broadly on suicidality, anxiety disorders, and psychiatric evaluation. He mentors and provides clinical supervision for medical students, residents, and doctoral students studying the epidemiology of mental illness. He is a Fellow of the American Psychiatric Association and is on the Executive board of the Maryland Psychiatric Society. Dr. Nestadt has written several chapters for leading psychiatric and medical textbooks, over 50 peer-reviewed papers, and is the managing editor of the Johns Hopkins Psychiatry guide. He has spoken nationally and internationally on the topics of suicide risk and the role of firearms, opiates, and the limitations of screening.*

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<https://hartfordhealthcare.zoom.us/j/93685927784>

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

1. Describe the overlaps between accidental overdose and intentional suicide.
2. Explain the bidirectional interaction between opioid use and depression.
3. Explore potential ways to better distinguish these manners of death (intentionality of overdose), in order to prevent each.

**Accreditation Statement:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Credit Designation Statement:** Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

**Social Work:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 Other continuing education credits.

**Financial Disclosures:**

- Nothing to disclose: Ellen Blair (Nurse Planner); Michael Dewberry (Course Director); Bharat Narapareddy (Program Director); Paul Nestadt (Speaker); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator); Javeed Sukhera (Co-Director and Sponsor);

