

## **Disruptive Mood Dysregulation Disorder: Where did it come from? Where is it going? What can we do about it?**

*presented by*

### **Gabrielle Carlson, MD**

Gabrielle A. Carlson, M.D., has been professor of Psychiatry and Pediatrics and Director of the Division of Child and Adolescent Psychiatry at State University of New York at Stony Brook since 1985. She founded and directed the division until 2013. She did her undergraduate training at Wellesley and subsequently obtained her MD degree from Cornell University Medical College. She did her adult psychiatry training at Washington University in St. Louis and at the National Institute of Mental Health. She completed a fellowship and research fellowship in Child and Adolescent Psychiatry at UCLA where she subsequently taught on the faculty. Dr. Carlson specializes in childhood psychopathology and psychopharmacology in general, and the subjects of childhood and adolescent depression and bipolar disorder, specifically. She has written over 300 papers and chapters on those subjects. Her research interests include the phenomenology, long term follow up and treatment of young people with bipolar disorder, and the relationship between behavior disorders, like ADHD, developmental disorders and mood disorders. Dr. Carlson has served on many national committees including the DSM IV Task Force on Child and Adolescent Psychiatric Disorders, Institute of Medicine committees, and various review committees for the National Institute of Mental Health. She has been named in Best Doctors in America and New York, and Good Housekeeping's Best Mental Health Experts. She has won numerous awards including the APA's Blanche F. Ittleson Award for research in child and adolescent psychiatry and the Agnes Purcell McGavin Award for Prevention in Child and Adolescent Psychiatry, the American Psychopathological Association: Zubin Award, for an individual who has played a fundamental role in psychopathology research and the University of Missouri's lifetime achievement award. She is especially proud of the Virginia Q. Anthony Outstanding Woman Leader Award given by the American Academy of Child and Adolescent Psychiatry. Locally she was given the New York Academy of Child and Adolescent Psychiatry's Hulse Award and the New York Advisory Council's Laretta Bender Award. Dr. Carlson is past president of the International Society for Research in Child and Adolescent Psychopathology, was Program Chair for four years for American Academy of Child and Adolescent Psychiatry and is now its recent Past President. Her presidential initiative has been on Impairing Emotional Outbursts: What are they, who have them, and what can be done about them.

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<https://hartfordhealthcare.zoom.us/j/93150236505>

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

1. Will be able to discuss the evolution of Disruptive Mood Dysregulation Disorder and summarize its criteria
2. Will be able to describe the relevance of ADHD and its treatments to DMDD
3. Will be able to review the components of assessment for DMDD

**Accreditation Statement:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Credit Designation Statement:** Hartford Healthcare designates this Live Activity for 1.25 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

**Social Work:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 Other continuing education credits.

#### **Financial Disclosures:**

- Nothing to disclose: Ellen Blair (Nurse Planner); Gabrielle Carlson (Speaker); Michael Dewberry (Course Director); Bharat Narapareddy (Program Director); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator); Javeed Sukhera (Co-Director)

