

## *Is it Over YET? Healing the Healthcare Workforce through a Trauma-Informed Lens*

*presented by*

***Jennifer Ferrand, PsyD ABPP***

Dr. Jennifer Ferrand is a board-certified clinical health psychologist with 17 years of experience in Hartford Healthcare. She currently works as the Director of Hartford HealthCare's Well-Being Department, which focuses on improving the well-being of all healthcare workers. Dr. Ferrand guides the development and deployment of strategic initiatives, and leads the team's research and educational activities. She remains involved in BHN initiatives, including those focused on violence and suicide prevention, and helps to disseminate that work through Hartford HealthCare. She also works clinically in private practice, with a current focus on helping healthcare professionals heal from trauma.

**2/24/2022 12:00:00 PM**

<https://hartfordhealthcare.zoom.us/j/91616378345>

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

1. Understand the impact of a long-term crisis on healthcare workers well-being.
2. Learn the key assumptions and principles of a trauma informed approach.
3. Apply a trauma informed approach to the development of a recovery plan for the healthcare workforce.

**Accreditation Statement:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Credit Designation Statement:** Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

**Social Work:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 Other continuing education credits.

**Financial Disclosures:**

- Nothing to disclose: Ellen Blair (Nurse Planner); Michael Dewberry (Course Director); Jennifer Ferrand (Speaker) Bharat Narapareddy (Program Director); Erica Iyamu-Osagie (Social Work Planner); Paula Rego (Activity Coordinator); Javeed Sukhera (Co-Director)

