Hartford HealthCare

The Well-Gardened Mind: Horticulture, Nature, and Mental Health

presented by

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To access the VMR, go to http://meet.hhchealth.org on your web browser. Google Chrome is required. You will be prompted to enter your name. Do so, then click OK. Next, click the blue button to dial in with video. Use the access code **meet.iolhartford**, and then click the green button. When you're prompted to enter a PIN, click JOIN instead. At this point you should be signed into the meeting.

Learning Objectives:

1. Identify the beneficial effects of urban green spaces and natural beauty on the human stress response.
2. Appreciate the role of the garden as an "in-between" space within healthcare settings.
3. Understand how gardens can function as a "social bridge" within the community.

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

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