Improving Mental Health through Technology: Clinical Case Studies from the Patients’ Perspective

presented by

Luis Sandoval, PhD

Dr. Sandoval is a licensed clinician and research staff in the Public Psychiatry Division at Beth Israel Deaconess Medical Center / Harvard Medical School. His clinical specialization is in the diagnosis and treatment of adults with severe mental illness and cognitive deficits, including psychotic and mood disorders. Dr. Sandoval has worked in Mexico, Central America, and in the U.S. and has nearly 16 years of clinical experience.

Thursday, October 21, 2021 @ 12:00pm

Join Zoom Meeting
https://us02web.zoom.us/j/84430495329?pwd=LzgxeFBKcS9pdjNac3hYNHIJTwQT09
Meeting ID: 844 3049 5329
Passcode: uLJ8My

Learning Objectives: As a result of participating in this Live Activity, participants should be able to:

1 Review a patients’ motivation to use technology to create intervention to treat their mental health conditions
2 Describe the clinical implication of using technological devices to treat mental health conditions
3 Utilize practical ideas to help practitioners and patients implement technology features in interventions

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with their participation.

Financial Disclosures:

<table>
<thead>
<tr>
<th>Name of individual</th>
<th>Individual's role in activity</th>
<th>Name of commercial interest/Nature of relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Erica Moura, LCSW, MBA</td>
<td>Activity Coordinator, Course Director</td>
<td>Nothing to disclose - 09/13/2021</td>
</tr>
<tr>
<td>Luis Sandoval, PhD</td>
<td>Faculty</td>
<td>Nothing to disclose - 09/14/2021</td>
</tr>
</tbody>
</table>