

# IOL Grand Rounds - Little Treatments, Big Effects: Building Brief Interventions to Reduce Youth Psychopathology at Scale

*presented by*

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**Thursday, January 21, 2021**

**12:00 PM**

**Online**

<https://meet.hhchealth.org/webapp/home>

enter meet.iolhartford and just join (do not need a pin)

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

- 1 describe advances in research on single-session interventions (SSIs) for youth mental health problems, including characteristics of effective SSIs that have shown positive effects.*
- 2 identify and implement components of SSIs that may help reduce youth internalizing symptoms and improve parents' likelihood of pursuing mental health treatment for offspring*
- 3 apply strategies for evaluating the effectiveness of SSIs implemented in clinical and/or research settings.*

**Commercial Support:**

**Accreditation Statement:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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