

Driving Directions to The Institute of Living

Coming from the west on I-84:

Take I-84 East to Hartford. Take the Capitol Avenue Exit 48-B (a right hand exit). At the end of the exit ramp turn left onto Capitol Avenue; then turn right onto Washington Street (at the equestrian statue of General Lafayette); continue south about 1 mile to Retreat Avenue (you will pass Connecticut Children's Medical Center on the left). Turn left onto Retreat Avenue. The entrance to The Institute of Living campus is on the right; at the first stop light on Retreat Avenue.

Coming from the east on I-84:

Take I-84 West to Hartford. Take the "Downtown Hartford" Exit 54 (a left hand exit) over the Founders Bridge and guide your vehicle to the far left lane. At the bottom of the bridge, turn left onto Columbus Boulevard; travel past the Convention Center and across the Columbus Boulevard Bridge. Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllis St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the third light on Jefferson Street, turn left onto Washington Street; continue south about 1/4 mile to Retreat Avenue. Turn left onto Retreat Avenue. The entrance to The Institute of Living campus is on the right, at the first stop light on Retreat Avenue.

Coming from the south on I-91:

Take I-91 North to Hartford, follow "Capitol Area" signs to exit 29A (a left-hand exit). Move immediately to the right lane and take the first exit (Columbus Boulevard/Convention Center) and turn left crossing the Columbus Boulevard Bridge. Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllis St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the third light on Jefferson Street, turn left onto Washington Street; continue south about 1/4 mile to Retreat Avenue. Turn left onto Retreat Avenue. The entrance to The Institute of Living campus is on the right, at the first stop light on Retreat Avenue.

Coming from the north on I-91:

Take I-91 South to Hartford. Take the Capitol Area Exit 29A (a right hand exit). Keeping in the right lane, take the first exit (Columbus Boulevard/Convention Center) and turn left crossing the Columbus Boulevard Bridge. Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllis St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the third light on Jefferson Street, turn left onto Washington Street; continue south about 1/4 mile to Retreat Avenue. Turn left onto Retreat Avenue. The entrance to The Institute of Living campus is on the right; at the first stop light on Retreat Avenue.

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A Division of Hartford Hospital

Coming from Route 2 (Norwich Area):

Take the "Downtown Hartford" exit onto the Founders Bridge. At the bottom of the bridge, turn left onto Columbus Boulevard; travel past the Convention Center and across the Columbus Boulevard Bridge. Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllis St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the third light on Jefferson Street, turn left onto Washington Street; continue south about 1/4 mile to Retreat Avenue. Turn left onto Retreat Avenue. The entrance to The Institute of Living campus is on the right, at the first stop light on Retreat Avenue.