

## December 2008:

### **Steven Madonick, M.D. appointed Medical Director of Young Adult Services**

Dr. Madonick joined the medical staff here in June 2003, having completed a fellowship in Yale's Schizophrenia Research Program and serving as Director of the Psychosis Program at the Connecticut Mental Health Center in New Haven. He continues to hold an academic appointment as Adjunct Assistant Professor of Psychiatry at Yale University, as well as an appointment as Assistant Professor of Psychiatry at the University of Connecticut School of Medicine. As Medical Director, Young Adult Services, Dr. Madonick serves as the psychiatrist for the Schizophrenia Treatment Services' Potential - Early Psychosis Clinic, a specialized program for young adults experiencing psychotic illness and their families. In this capacity, he began the College Breakfast series, an educational program for college administrators and counselors. He also serves as co-chair of the IOL/College Partnership, a college outreach program of MHISC (Mental Health in Independent School Communities) a consultation service of The Institute of Living. He will also continue his work as staff psychiatrist on the Donnelly 2 South inpatient unit, where he serves as faculty for the IOL's psychiatry residency program.

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## November 2008:

### **IOL researchers won 1<sup>st</sup> and 2<sup>nd</sup> place at Hartford Hospital's 2<sup>nd</sup> Annual Research Day**

Institute of Living researchers fared well at Hartford Hospital's Second Annual Research Day poster contest, with both first and second place being awarded to posters submitted by researchers at the Olin Neuropsychiatry Research Center. Robert Astur's poster entitled, "Establishing Conditioned Place Preferences in Humans Using Cocaine and Nicotine" received the first place award and Michal Assaf's poster, "Mentalization Network Gray Matter Volumes Abnormalities in Autism Spectrum Disorders" received the second place award.

### **IOL posters presented at Hartford Hospital's Research Day**

The Institute of Living exhibited several posters at Hartford Hospital's Research Day on November 13<sup>th</sup>. These posters displayed some of the Institute's research studies presented in recent years. [Click here to see a list of these posters.](#)

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## October 2008:

### **Sen. Chris Dodd holds press conference at IOL on passage of Mental Health Parity Bill**

Senator Chris Dodd (D-CT), a senior member of the Senate Committee on Health, Education, Labor, and Pensions, and a longtime supporter of mental health parity, held a press conference at The Institute of Living on October 22, 2008. The press conference was held to celebrate the passage of the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 which requires group health insurance plans that offer mental health coverage to provide coverage that is no more costly or more restrictive of treatment than what is offered for physical illnesses. Senator Dodd discussed the importance of this legislation and was joined by Dr. Harold I. Schwartz, Psychiatrist-In-Chief and Vice President for Behavioral Health at The Institute of Living; Kevin Lembo, head of the Office of the Healthcare Advocate for the State of Connecticut; Mary Fox, Senior Vice President, Aetna Product Group; as well as family members who will benefit from this legislation.

### **Ellen Blair, R.N. receives Excellence in Nursing Research Award**

Ellen Blair, R.N., Unit Director of Donnelly One North, recently received an Excellence in Nursing Research Award. The purpose of this award is to recognize nursing researchers for their contribution to the advancement of nursing science and professional practice through the conduct of research. The award is presented each fall during the Annual Nursing Research Conference to a deserving nurse, whose completed research is considered exemplary, and who serves as a role model for his/her nursing colleagues.

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### **September 2008:**

#### **IOL has established a new service: The Mood Disorders Program**

The Institute of Living has opened a new consultation service for mood disorders. [The Mood Disorders Program](#) is a unique consultation and treatment program designed especially to help people whose mood disorders have been resistant to therapy. Full recovery is the overarching goal of the program. John W. Goethe, M.D., Director of the Burlingame Center for Psychiatric Research and Education at the Institute, also serves as Director of The Mood Disorders Program. Dr. Goethe specializes in the diagnosis and treatment of mood disorders.

#### **Dr. K. Ranga Rama Krishnan named the recipient of the 2008 Burlingame Award**

K. Ranga Rama Krishnan, M.D. has been announced as the recipient of the 2008 C. Charles Burlingame Award. The Burlingame Award, presented annually since 1988, is given "in recognition of outstanding leadership and lifetime achievement in psychiatric research and education." Dr. Krishnan is currently Professor and Chairman, Department of Psychiatry and Behavioral Sciences, at Duke University Medical Center in Durham, North Carolina, as well as Dean, Duke-National University of Singapore Graduate Medical School (Duke-NUS). He is internationally recognized for his contributions to the understanding of the neurobiology of mental disorders. Dr. Krishnan has created a translational research center for depression in the elderly, the only such center in the United States funded by the National Institutes of Health. In addition to his impressive contributions to the scientific literature and numerous awards, he is highly regarded by his colleagues for his teaching and mentorship skills. The Duke University Department of Psychiatry, which Dr. Krishnan chairs, includes more than 490 faculty members, conducts more than 270 human-subject studies a year, and receives approximately \$40 million of research funding annually. In recent years, he has not only continued to make significant contributions to the cutting edge of biological psychiatry, but has also attempted to synthesize these findings into a comprehensive theoretical picture that incorporates the latest biological findings into the emerging conceptualization and nomenclature related to psychiatric disorders. The Selection Committee felt that Dr. Krishnan's career exemplifies the values of excellence in clinical care, research, teaching and administration, which the Burlingame Award represents. The Burlingame Award dinner will be held on Tuesday evening, October 14, 2008 at the Hartford Golf Club and the Burlingame Award Lecture will be held on Wednesday, October 15, 2008 from 8-9:15 A.M. in the Commons Building at the IOL. [For more information about the Burlingame Award and a list of previous recipients, click here.](#)

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**August 2008:**

**Consultation/Liaison Psychiatry Appointments**

Dr. Evan Fox has accepted the position of Director, Consultation/Liaison Psychiatry. A graduate of The Institute of Living's psychiatry residency program, Dr. Fox completed a one-year fellowship in Consultation Psychiatry in the Hartford Hospital/University of Connecticut program prior to joining the active staff in July 1993. Since that time, he has worked in Consultation/Liaison Psychiatry as well as providing services in the Palliative Medicine Consult Service. He has also been an integral part of the psychiatry residency program, providing teaching and supervision.

Dr. Carl Washburn, Jr. has been appointed Director of the Psychosomatic Medicine Fellowship program. Following completion of his psychiatry residency training in The Institute of Living/University of Connecticut program, he also completed a one-year consultation/liaison psychiatry fellowship at Hartford Hospital. He has been a member of the active staff since October 2001, working on a variety of services including the Adult Partial Hospital Program, Addiction Recovery Services, the inpatient service and, in recent years, in Consultation/Liaison Psychiatry.

Dr. David Pepper, appointed Acting Medical Director of the Psychiatry Emergency Service in May 2008, has now accepted the position of Medical Director. Dr. Pepper joined the active staff in July 2004, following completion of his psychiatry residency in the University of Connecticut's training program. Initially employed on the IOL's inpatient service, he has been working in Consultation/Liaison Psychiatry for some time.

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**July 2008:**

**For the 2nd year, *U.S. News and World Report* ranked the IOL among the nation's top 25 psychiatric facilities**

For the second consecutive year, [U.S. News & World Report](#) has ranked Hartford Hospital's Institute of Living among the nation's top 25 psychiatric facilities. In its annual "Best Hospitals" issue, due on newsstands Monday, July 14, the Institute is listed among an elite group of the country's most prestigious mental health treatment centers. A total of 170 hospitals are listed as "Best Hospitals" in 16 different categories, representing only about 3% of the nation's medical facilities, so this is a remarkable achievement indeed. The IOL's powerful combination of excellent patient care, world-class research efforts, and a nationally recognized residency training program contributed to this success.

[Click here to view the U.S. News & World Report List.](#)



**June 2008:**

**The Institute of Living's Awards and Recognition Day Ceremony**

The Institute of Living held its annual Awards and Recognition Day ceremony on June 17, 2008, recognizing the accomplishments and dedication of many care givers at the IOL. Below is a list of the awards presented to members of the IOL staff.

*Arne Welhaven Memorial Award Recipients:* Catherine Chance, RN

David Lacoss, LCSW

*Linda J. Stacey Service Excellence Award Recipients:* Carol Freedman, LCSW

Nancy Janus, LCSW

Adelle Lewis, RN

Wayne Levandoski, Engineering Electrical Department

*Psychiatrist-in-Chief's Award:* Gail Nelson, RN, CNA, BC

*Medical Staff Distinguished Service Award* Theodore F. Mucha, MD

*Nightingale Award for Excellence in Nursing:* Steven Sklar, RN

*Dedicated to Caring Award Recipients:* Marion Meade, Psychiatric Technician

Ravin Ramkishun, Psychiatric Technician

*Linda Richards/June Long Award Recipients:* Sharon Clark, RN

Marilyn Newman, RN

*HH Employee of the Year Award - Recognition of Finalist:* Laura Bourque, RN

*CAPSEF Golden Apple Award:* Jacqueline Sturm, Teacher

Mark Taylor, Assistant Teacher

Lisza Olszewski, Teacher

Kerry Wittel, Physical Education Teacher

*IOL Members Inducted into the Quarter Century Club:* Cynthia Alston, APRN

Susan Barry, RN

Sharon Goulet, Administrative Assistant

Linda Koflanovich, LCSW

Sharon Langlois, MSN

Melissa Matolina, MSN

Heidi McCloskey, MSN

Diane Wahlberg, Financial Counselor

*DMHAS Outstanding Achievement Award - Top Ten Best Performance  
Three Years in a Row (2005-2007)* The Institute of Living/Hartford Hospital

**May 2008:**

**David Pepper, M.D. appointed Acting Director of the Emergency Psychiatric Service**  
Effective May 1, 2008, Dr. David Pepper has accepted the position of Acting Director of the Psychiatric Emergency Service. Dr. Pepper has been a member of the Active Medical Staff here since July 2004, working both on the IOL's inpatient service and in consultation/liason psychiatry. A graduate of Saba University School of Medicine in the Netherlands Antilles, he completed his psychiatric residency training in the University of Connecticut School of Medicine program in June 2004. He is Board-certified in General Psychiatry.

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**April 2008:**

**2008 BrainDance Award Winners - Seeking to Stamp out the Stigma of Mental Illness**

On April 30, 2008, The Institute of Living will celebrate [the 5<sup>th</sup> annual BrainDance Awards](#). The BrainDance Awards are an academic and art competition hosted by the Family Resource Center and the Olin Neuropsychiatry Research Center at The Institute of Living. The goal of BrainDance is to reduce the stigma of mental illness by encouraging students to learn more about psychiatric disorders and to be more sensitive to the concerns of people with psychiatric illnesses and their families. Students were invited to submit art and/or academic projects on the topic of schizophrenia and other severe mental illnesses.



This year's winners are:

**Overall Winner/Best Academic - \$1000**  
Bristol Eastern High School  
Class: Individual and Family Development  
Teacher: Creighton Paquette-Claman

**Art Project - 1st Place (tie) - \$500**  
Oil Painting: "Depression Hurts" - John Galin - Joseph Foran High School  
Mixed Media: "Pallets of Life" - Olivia Benjamin - Weston High School

**Academic Project - Runners Up - \$100**  
"The Possibilities of Autism" - Georgia Curley - New Canaan High School  
"A Day in the Life: Parkinson's Disease" - Mary Rose Peterson - New Canaan High School  
"On the Wrong Planet: My Experiences with Aspergers Syndrome" - Jessica Watsky - Branford High School

**Art Project - Runners Up - \$100**  
Poster: "Think Before You Speak" - Megan Barrows - Avon High School  
Poster: "Captivation" - Michale Papa - Amity Regional High School  
Poem: "Odds and Evens" - Molly Horan - Bristol Eastern High School  
Children's Book: "We Are All Different" - Abigail Market - New Canaan High School  
Pottery: "Portrait of a Loved One" - Nicole Poitras - Bristol Eastern High School  
Short Story: "Life with Obsessive Compulsive Disorder" - Maxwell Rein - Fairfield College Preparatory School  
Collage: "A Project on Mental Illness: Multiple Personalities" - Brendan Gavin - Bristol Eastern High School

### **Dr. Theodore F. Mucha receives Distinguished Service Award**

During a ceremony on April 30th, Theodore F. Mucha, M.D. was presented with the Medical Staff's Distinguished Service Award. As medical director at The Institute of Living, Dr. Mucha has served "43 continuous years at the IOL and Hartford Hospital. Beginning as a resident in 1965, he advanced from staff psychiatrist to Section Chief, to the Division Director of General Adult Services, to Assistant Medical Director and, in 1999, to Medical Director. Dr. Mucha provides the day-to-day medical leadership at the clinical front lines of the IOL. He is highly regarded by all as a supervisor, teacher, mentor, and clinical leader." The award is presented annually to honor distinguished individuals on the Medical Staff who have made important contributions (above and beyond the call of duty) to the hospital and staff.

### **Dr. Godfrey D. Pearlson awarded Biele Memorial Lectureship**

Godfrey D. Pearlson, M.D., director of the Olin Neuropsychiatry Research Center at The Institute of Living, has been awarded the Jefferson Medical College, Department of Psychiatry's 30th annual Albert M. Biele Memorial Lectureship for "Distinguished and Internationally Recognized Contributions to the Field of Psychiatry." The lectureship honors the memory of Dr. Biele, an outstanding physician, scholar, and psychiatric professor who joined the academic faculty at Jefferson Medical College in 1947. Dr. Pearlson's lecture was entitled, "What Might Schizophrenia Risk Genes Be Doing In The Brain? Evidence From Neuroimaging."

### **Meaghan L. Connors, M.D. joins the medical staff at the IOL**

Dr. Meaghan Connors will join the active staff in Psychiatry effective April 7<sup>th</sup>. Dr. Connors received her M.D. from the University of Massachusetts School of Medicine and completed her psychiatry residency here at The Institute from July 2003 to June 2007. Following completion of her residency, she joined the staff of Connecticut Valley Hospital in Middletown, but is now returning to the Institute where she will be employed as a staff psychiatrist in the Adult Day Treatment Program.

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**February 2008:**

**IOL receives Outstanding Achievement Award**

The IOL/HH received an Outstanding Achievement Award from the State of Connecticut's Department of Mental Health and Addiction Services (DMHAS). Thomas A. Kirk, Jr., Ph.D., Commissioner of DMHAS, presented the "2007 Consumer Survey - Top Ten Best Performance Three Years in a Row (2005-2007)" Award to IOL behavioral health personnel in February.



(left to right) Thomas A. Kirk, Jr., Ph.D., Commissioner, DMHAS; Arthur Guerra, APRN, Program Manager, Institute Health Care; Sergio Mejia, M.D., Psychiatrist, Adult Outpatient Clinic, IOL; Susan D'Ambrosio, Ph.D., Manager, Adult Outpatient Clinic, IOL; and Nancy Muniz, Administrative Assistant, Adult Outpatient Clinic, IOL

**January 2008:**

**APA Presentations**

IOL researchers will be making six presentations at the annual meeting of the American Psychiatric Association. The meeting will take place in Washington, DC from May 3-8, 2008. The titles and dates of these presentations are listed below.

<b>Scientific and Clinical Report Sessions</b>	
<b>Combinatorial Cyp450 Genotyping For Depressed Inpatients</b> Gualberto Ruaño, M.D., Ph.D., <i>Genomas, Inc.</i> , John W. Goethe, M.D., <i>Institute of Living</i> , Andreas Windemuth, Ph.D., <i>Genomas, Inc.</i> , Bonnie L. Szarek, R.N., <i>Institute of Living</i>	5/5/08 11:00 AM - 12:30 PM
<b>Evidence-Based Medicine and Outcome: Three Month Follow-Up of Inpatients with MDD</b> Bonnie L. Szarek, R.N., <i>Institute of Living</i> , John W. Goethe, M.D., <i>Institute of Living</i> , Stephen B. Woolley, D.Sc., <i>Institute of Living</i>	5/7/08 11:00 AM - 12:30 PM
<b>Long-Term Follow-up of Patients with Major Depressive Disorder: Changes in Symptoms, Treatment and Side Effects</b> John W. Goethe, M.D., <i>Institute of Living</i> , Stephen Woolley, D.Sc., <i>Institute of Living</i> , Alex A. Cardoni, M.S. Pharm., <i>Institute of Living</i> , Brenda A. Woznicki, B.S., <i>Institute of Living</i> , Deborah A. Piez, M.S., <i>Institute of Living</i>	5/7/08 11:00 AM - 12:30 PM
<b>Patients' Involvement in Treatment Decisions and Antidepressant Discontinuation</b> Stephen B. Woolley, D.Sc., <i>Institute of Living</i> , John W. Goethe, M.D., <i>Institute of Living</i> , Lisa Fredman, Ph.D., <i>Boston University</i> , Alisa Lincoln, Ph.D., <i>Boston University</i> , Timothy Heeren, Ph.D., <i>Boston University</i>	5/8/08 11:00 AM - 12:30 PM
<b>Racial Differences in Prescribing Practices in the Treatment of Schizophrenia</b> Karen Bullock, Ph.D., <i>Institute of Living</i> , Bonnie L. Szarek, R.N., <i>Institute of Living</i> , John W. Goethe, M.D., <i>Institute of Living</i>	5/8/08 11:00 AM - 12:30 PM
<b>Uses of Genetic Testing</b> <i>Symposium: Stuck in the Black Box: A Patient Safety Approach to Prescribing Antidepressants</i> John W. Goethe, M.D., <i>Institute of Living</i>	5/8/08 2:00 PM - 5:00 PM